LIKE IT OR NOT, TEMPING IS HERE TO STAY. CAN YOU MAKE IT WORK FOR YOU?
SEE PAGE 14.

All out of the family 8  Cooperative efforts 20  Dixie's world 29  Our own women's hockey team 36

EXPANDED HELP WANTED SECTION STARTS ON PAGE 43
**EASTER tweets**

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**Frederica Chapman**

Frederica Chapman, formerly a psychotherapist, is now director of Veronica Sacred Theatre, centered here in Portland. Frederica and her troupe of five women (and one man, Joe Boucher, technical engineer) boarded a plane on St. Patrick's Day for a three-week performance tour of Ireland and Wales. They returned April 7.

**Why did you begin your tour in Kildare?**

Kildare, specifically, is the place where the ancient Celtic religion and the modern Christianity interfaced around the time of Saint Patrick. It is there, before our first performance, that we will receive a blessing for the continuation of our work from Sister Mary Minehan of St. Brigid's Cathedral.

**Tell us something about the group.**

We are a group of women ranging in age from 15-72. Highest resale value in its class . (might as well buy a new one.)

**The show?**

"Faces in the Stone: Dancing a Woman's Story of God." There are four dancers who tell the story through movement, while the story line is being delivered through chant and song. While the story of this journey is focused on the girl and her emergence into womanhood, it also speaks of the soul. Boys and men have been deeply moved by seeing it as well. The story that you see is my story. Being a psychotherapist was an important part of my journey and something that I needed to do, but more importantly I needed to let it go.

**What Is the basis for this work?**

Our work is guided by messages received while in meditation. Much of what we do has been inspired by Hildegard von Bingen, a Benedictine abbess and mystic living in Germany in the 12th century. From transcriptions uncovered about 50 years ago, we have been able to survey some of her works, which included music, poetry and books on herbalism.

Her music and ideas bridge that which is from nature with the spiritual. We use these songs and ideas in our performance, all to the end of celebrating the creativity and fruitfulness of girls and women. I want girls to understand that they can draw from the beauty of the past, and particularly from the beauty of their early spiritual mentors. This beauty can inform all of our lives.

Interview and photo by Colin Malek

**According to Kiplinger's (the personal finance magazine), a 1997 Saturn SL2 should maintain 62% of its original value after two years. And 50% after four years. So, guess that could mean a couple of things. One, the SL2 is actually a much better investment than any other car in its class. And two, there's no such thing as a cheap used Saturn.**

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**Contact Information:**
- E-mail: mainepublishing@cascobayweekly.com
- Phone: 775-1615

**Editor:**
- Donna Borden

**Assistant Editor:**
- Diana Cambellick

**Art Director:**
- Dianne Davis, Nina Walsh

**Production Department:**
- Michelle Moreda, Keiko Yoon

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- Sales Manager: Beth Diamon
- Account Manager: Marc Shepard

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- Joanna Amato

**Assistant Art Director:**
- Al Diamon

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- Dostoyevskl's

**Assistant Production Manager:**
- Julie Alden

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- Malakie, Shoshannah White

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GOT THE MID WEEK BLUES?

Then get outta the house.

Enjoy a spring stroll on the Old Port with an intimate Italian dinner at Torino's and relax on an evening movie at nearby 7 Days Inn.

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Casco Bay Weekly

A lot of influence for a little paper

Working stiff

There's only one thing more pleasant than not going on vacation, and that is everything about how long it's been since I've had a vacation.

Currently, it's been over a year and a half and I have never been more ready to take a vacation. I've been in the sun with my husband, I've been on the beach, and I've been in the snow. But now it's time for a break.

Every once in a while, I feel the need to escape. I need to get away from the daily grind and just relax. And that's what I'm doing now. I'm taking a break from work and enjoying some much-needed rest and relaxation.

I'm not saying I haven't enjoyed my job. I'm just saying it's time for a break. I've been working hard, and it's time for me to take a break and enjoy some downtime.

I'm not alone in this feeling. Many people feel the same way. They need a break from work, and they need to take a vacation to recharge their batteries. It's important to take time for ourselves, to take care of ourselves, and to enjoy some relaxation.

So, if you haven't taken a vacation in a while, it's time to plan one. Take a break from work, and enjoy some much-needed rest and relaxation.
Assembly line news

Portland Press Herald reporters worry a new corporate owner will violate profits more than journalism

LAURA CONWAY

The house newspaper Portland Press Herald reporters and photographers on March 19, 1998, worry that they are in for a journalism shakeup, as the paper's new owner, Gannett Publishing Co., is expected to announce a major reorganization. The reorganization is expected to include layoffs, restructuring of the paper's newsroom, and changes in the paper's editorial policies.

This is a painful time for the Portland Press Herald, which is the largest daily newspaper in the state and one of the most respected in the country. The paper has a long history of Excellence in Journalism Awards and has been named one of the most respected newspapers in the country. But with the change in ownership, there are concerns that the paper will be forced to make changes that could undermine its journalistic integrity.

The Portland Press Herald is owned by Gannett Co., which is one of the largest media companies in the country. Gannett has a reputation for cost-cutting and has been criticized in the past for making changes that could affect the quality of journalism.

The Portland Press Herald's newsroom is located in Portland, Maine, and it is one of the most respected newspapers in the country. The paper has a long history of Excellence in Journalism Awards and has been named one of the most respected newspapers in the country.

NOTE

Some of the text is missing or incomplete due to the nature of the conversion process. The missing text may include additional details or context that are not present in the provided excerpt.
Quality Consignment Outdoor Gear and Clothing

Susie Tzitz
Feel the noise
Neighbors say the Portland club is too loud

Too expensive?
Proposed upgrades could cost local taxpayers

The bill for a plan to modernize Baxter Boulevard called for in this plan might not qualify for any federal funding because it doesn't meet the state's historic preservation commission's standards. The Portland city council will vote on the issue at 7 p.m. tomorrow night at the City Hall meeting room. The council will vote on the issue at 7 p.m. tomorrow night at the City Hall meeting room.

The Portland Public Library will have a new home in the near future. The library is being constructed on the site of an old schoolhouse and will be open to the public by fall. The library will be a state-of-the-art facility with a large collection of books and other materials. It will be located at 100 Commercial St. Portland, ME 04101. The opening ceremony will be held on April 9 at 7 p.m.
Do blondes have more fun?
If you can find a real one, ask her.
Exchange had been filled. So they sent it almost two years ago. He initially tried to have a full-time job, but it's good for portation. I'm sure everybody would like to and from the job - rubs his eyes and形状, Barber Foods, Jordan's Meats, com...
Finally, cutting edge technology comes to Portland. Coffee delivery now available. Free delivery, Monday-Friday 9 a.m.-3 p.m. Coffee, lattes, mochas, pastries, fruit smoothies and more... 771 minimum purchase for delivery within 2 miles. 771.2492 for delivery within 10 miles.

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And contrary to what some folks at the American Federation of State, County and Municipal Employees believe, temping does not mean you can get in the door to a job as easy as you can on your own.

You look at recent efforts to organize unions and the employers are very negative in that regard. They are afraid, "We're not going to respect the union if you want to organize us,"" says Hildard. "It's the national business cycle that accounts for why we have low unemployment this year. The gap between good and bad jobs is growing. The way to make them more competitive is to lower the cost of labor. Temporary staffing allows companies to get out of underpaying their temps. No need to hedge, normal job politics don't apply here. Just get on the horn to your new employers and ask for that 50¢ an hour. That's what agents are there for.

And there are plenty of temps out there who agree with Norton. Regular complaints include lack of job security, the changing nature of more and more temp work, the low pay, the limited or nonexistent benefits and the lack of career identity or incentive - the duplicating identity of the temp.

But the facts are that temps are not a bad deal, rather one part of a new world order whose respect we will see in a necessity to profit. "I think more and more people are going to say we can't keep losing money," says Bowman. "Our whole system is in favor of that kind of work."

That thinking is rare, says labor economist Michael Hildard, an associate professor and chair of the economics department at USM. Hildard sees temping as part of a fundamental long-term change in the American labor market. "We look at recent efforts to organize unions and the employers are very negative in that regard. They are afraid, 'We're not going to respect the union if you want to organize us,'" says Hildard. "It's the national business cycle that accounts for why we have low unemployment this year. The gap between good and bad jobs is growing. The way to make them more competitive is to lower the cost of labor. Temporary staffing allows companies to get out of underpaying their temps. No need to hedge, normal job politics don't apply here. Just get on the horn to your new employers and ask for that 50¢ an hour. That's what agents are there for.

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CRAIG HUTTEN: My general feeling is that the temping industry has happened at a time when all large employers are trying to shed long-term commitments. It's absolutely clear that large employers have been pursuing a strategy to pay lower wages.

According to Hildard, the employers certainly benefited by hiring temps at the cost of labor unemployed. -

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Organizational challenged

The superintendent, not the school committee, is the official designated by the state legislature to oversee the operation of the school department. This role involves setting goals, allocating resources, and ensuring that the school system operates efficiently and effectively. However, the superintendent's role has been controversial in recent years, with some school boards arguing that they should have more control over the district's operations.

The superintendent's role involves making decisions about the direction of the school district, setting goals, and allocating resources. However, some school boards argue that they should have more control over the district's operations, and this has led to tensions between the superintendent and the school board.

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The superintendent's role involves making decisions about the direction of the school district, setting goals, and allocating resources. However, some school boards argue that they should have more control over the district's operations, and this has led to tensions between the superintendent and the school board.
Eating is a family business for Nina Walsh, who with her husband Ken, owns and runs the popular Chestnut restaurant in the heart of Portland. The couple opened the restaurant in 1994, and it has become a favorite among locals and visitors alike. The menu is a mix of classic American dishes and innovative creations, all made with fresh, local ingredients. Nina's passion for cooking and hospitality has been passed down through generations, and she continues to carry on the family tradition with pride.

With the success of Chestnut, Nina is excited about her latest venture: a new restaurant called Hooked, which is set to open in the fall. The concept is inspired by her love of seafood and her desire to offer a unique dining experience. Hooked will feature a menu of fresh, locally sourced seafood dishes, paired with a selection of craft cocktails and beers.

In addition to her restaurant ventures, Nina is also a member of the Maine Coalition for Food Security (MCFS), a group that works to ensure that everyone in our state has access to healthy, affordable food. The group has been working hard to make sure that food co-ops are a viable option for people who want to buy healthy food without breaking the bank. Nina believes that food co-ops are a great way to connect with your community and support local farmers and producers.

Despite the challenges of running a restaurant and getting involved in community work, Nina is committed to making a difference in her community. She is inspired by the work of her parents, who owned a coffee shop in the 1970s, and she is passionate about carrying on the family tradition of hospitality and service.

If you're interested in learning more about Nina and her work with the MCFS, you can find her on social media or at one of her restaurants. And if you're looking for a delicious meal in Portland, be sure to check out Chestnut or Hooked!
The image contains a page from a local weekly newspaper with various sections such as advertisements for clubs, music events, and other local activities. The page includes details about different venues, dates, times, and performers. There are also ads for various local businesses and services. The text is in English and appears to be from April 1998, as indicated by the date in the top right corner.
All shows start at Great Lost Stage. See schedule below.

We are looking for all former WMGP volunteers. Where are you? Let us know at 780-4943.

We want to invite you to a major shindig this summer: A hoedown, A hootenanny. A helluva good time. We now have Pool Tables, Darts, Pinball !

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Asylum
Committed to our Community & Showing our Pride

Music & About Us
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WMPG 92.9
25th Anniversary
1973-1998

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Asylum
Professional fun

Brian Burns is a prime spot for observing the mating rituals of the young professional. Surely not everyone who frequents the booth at the bar on his last way home is actually interested in the exquisite ladies. Still, the presence of burned-out candles and C.

STAGE TICKETS DRAWN
FRIDAY APRIL 9, 1999

LADIES NIGHT
Pavilion Live
Motor Booty Affair
Live at the Pavilion
$6 - $21
Doors open at 8:00 PM

The Crypt
169 Middle St., Portland's Old Port

Boat Live

Come join Grant Stone Coast/Sunday River Brewing Company, Portland, Me, Old Brew Eyes with a special guest.

THE GREAT LOST BEAR

ALL OF US ARE INVITED TO THE THIRD ANNUAL MICROBREW SHOWCASE EVERY THURSDAY FROM APRIL 8 - JUNE 30

FUNK MUSIC FESTIVAL

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FIVE FINGERS OF FUNK
State Theatre - April 26

State Theatre
May 11

D.1. Geary Brewing Co, Portland, Me, Old Brew Eyes will be an event sponsor this year.

State Theatre Box Office
609 Congress St
31 Central Ave
Portland, ME
277-0717

THE CRYPT

609 Congress St.
Portland, ME
277-0717

Table tickets available at all Strawberries Music stores and NEXT TO CHANCE FOR GREAT LOST BEAR PRIZES.

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**SPRING CELEBRATION**

**I**

**A LITTLE KNOWN FACT**

Many ancient civilizations ritually discarded or burned statues of their deities each spring. Perhaps the idea of leaving this practice to past times is what inspired contemporary people to celebrate Spring at this fun event. Perhaps this is what is in part responsible for the violence, disease and war that have a long history in the 20th century.

Perhapso the idea of this celebration might be to always remember that every piece of enemy skin. Then again, it's also the fact that, in life, the voice of the Beethoven, these local traditions have continued their traditions. These celebrations bring together shy homes by Ian Milne and paintings (including some of boneyard art) by Patrick Corrigan, as well as music and "cooks" of appetites, yea, the folk — by folk traditions, but if that's not enough, it's for sound and sight performances by ArtFreed that mark the opening of Museum Street Collection, 52 Crescent St., Portland, from 6-8 p.m.

The exhibition closes through May 2, 7:00-7:00.

**“Jesus Christ Superstar”**

April is the month made for: 2) Movies. You finally get attracted to leaving the house, only to be the least greatly escaped 2000 years later by a cultish. The performance at The Schooner Arts Center put the Shubert's highest mark into the movies with "Jesus Christ Superstar," Andrew Lloyd Webber's rock 'n' roll about Judas Iscariot and the role of destiny in people's lives. Or the decision of our role to whom people love. Or the role of people destined to fall — whatever. First the monumental choral. At the Schooner Arts Center, Route 1, Soharb, at 8 p.m. The show continues through April 26. Info and box office, 952-0352, Tues. and Sat. at 8, 7:30 on Wed., April 15 at 3 p.m. Tix: $11.50 students and retired. (Community company.) 530-3763.

**SEBAGO BOAT SHOE LAUNCH**

April is the month made for: 3) Anyone with a fear of giant floating shoes. Sebago Inc. of Westbrook launches — pay damn neat: stitching, eyelets and laces. In the future, look for an engine, too. At the Walker Memorial Library, 800 Main St., Westbrook, at 10:30 a.m. Free. 854-0630.

**SEBAGO BOAT SHOE LAUNCH**

April is the month made for: 4) Messiahs. You finally get around to rising from the dead, and by the event largely eclipsed 2000 years later. Afterwards, kids can check out a real live fire engine, too. At the Walker Memorial Library, 800 Main St., Westbrook, at 10:30 a.m. Free. 854-0630.

**“The Bee's Knees: “Voice of the Beehive,” featuring paintings by Allen Dammann, Casco Bay Weekly, 561 Congress St., Portland, ME 04101. Submissions for the calendar must be received by May 23, 1998, for publication. Send your calendar listings to Alice Damicaris, Casco Bay Weekly, 651 Congress St., Portland, ME 04101.**
performing arts

Getting all squirrely

"Frightful fun for all ages," according to the publicity blurb for the Portland Stage Company's presentation of "Frightfully Fun & Fabulous," is an apt description for the show's setting: a giant cage filled with a variety of squirrel-like creatures. The production, directed by Peter DeLarue and choreographed by Deborah Allen, features a cast of seven performers who bring to life an array of animals, including a chimp, a gorilla, and a range of smaller critters.

The show opens on April 17 and runs through May 12 at the Portland Stage Company, 1900 Congress St, Portland. Tickets are $20-$28. For more information, call 773-5811 or visit portlandstage.org.

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happenings

White Elephant and Rummage Sale April 17 and 18. Discover the treasure of another man's trash at reception and open house mark the opening of Day One's new Family and Adolescent Services Office at 188 State St, Portland, from 3-5 pm. 767-0991. Free. 767-7660. Serving of refreshments caps the event at 8 pm. At the South Portland Public library, 482 Broadway, Tyler from 3·5 pm, followed by magician Stan Davis and mime Antonio Rocha from 6:30-8 pm. A social aid at SMTC, Fort Rd, So. Portland, from 9 am-7 pm. (Registration from 9-10 am). 767-9520. April 11. Presentations, tours and information on over 30 technical programs, admissions and financial aid at the University of Maine at Augusta, 729 State Ave, Portland, from 9:30 am-4 pm. 773-1315. April 19: Open House from 9 am-1 pm (registration from 9-10 am). 767-9520. For a full list of events, call 767-9574.

---

Antique Rally and kick-off at Deering Oaks Park, Portland, at 7 pm. Hobex opens. Tix: $17.50, Available at door. April 19. The former president of the United States, Bill Clinton, will speak at the Maine State Pier, Portland, at 7:30 pm. Tix: $30-$40. 774-6281.

---

Peabody celebrates her 95th birthday with cake, ice cream and a performance by the Maine State Ballet. S:\nArias Sanchez April 19. The former president of the United States, Bill Clinton, will speak at the Maine State Pier, Portland, at 7:30 pm. Tix: $30-$40. 774-6281.

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Casco Bay Street

Dixie's Gallery

Dixie's Gallery has always been a source of jazz and musical talent for the city. With the current situation, it has become even more so.

For more information, call 767-9520.

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Smiling Hill Farm

What a Way to End a Meal

Smiling Hill Farm in Casco is available for those looking for a special place to celebrate.

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The Portland Conservatory of Music offers private lessons from various dance forms for children and adults. For more information, call 828-6571 or 773-2966.

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The Chocolat Church Art Center announces a few events.

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The Portland Conservatory of Music offers private lessons from various dance forms for children and adults. For more information, call 828-6571 or 773-2966.
DINING

BAR-B-AQUE

Sevanah's Restaurant

Indian food

Authentic Indian Cuisine

7pm to 11pm

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873-7017

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HAPPY HOUR: MON-FRI 4-7pm

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871-1730

MESA VERDE

Mexican Restaurant & Juice Bar

Chiles Rellenos

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871-1370

GRANNY'S BURRITOS

Hungry?

210 Cottage Rd.
Portland, ME 04101

871-3235

SUMMER ROAST

Barbecue

255 Brown St.
Portland, ME 04101

871-1370

NEAR MEAT MARKET

Meat Market

740 Congress St.
Portland, ME 04101

871-1370

SOMETHING DIFFERENT

Café

514 Wharf St.
Portland, ME 04101

871-1370

ARMS TRADING CO.

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Southport, ME 04006

883-1237

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Mediterranean Cuisine

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Portland, ME 04101

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FUN & FUNKY

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871-1370

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Wake Up With Black Tie

Dining

**AUBERGINE**

**32 dinner with pineapple, mangoes - Brioche French Toast**

Welcomes You to French Brunch Easter Sunday
11 a.m.-2 p.m.
- Egg Benedict with homemade brickle and country ham
- Brioche French Toast with pineapple, mangos and dark rum
- Lunch items from our popular dinner menu

**DINING**

**Perfomance**

**Center Stage**

A young boy escapes into the steps of his wild imagination by creating "Will", a musical comedy version of Death of a Salesman.

**L/A Arts 1997-98 Performance Series**

**Riders in the Sky**

Friday, April 17, 1998 at 8 pm
Leviston Middle School Auditorium
Tickets $10 ($5 students)
(800) 639-2929

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**Review**

"Dancing Days Are Never Gone: A Documentary Look at Popular Forms of Dance in Maine" was held April 28 at The Salt Gallery, 17 Pine Street, Portland. 781-5840.

"Dancing Days Are Never Gone" manages to succeed in its installation all without even hanging. The Salt Gallery did not add new paint to the walls or add any extensive structure in order to feature some art destined to be shown on canvas. There was no need. The space worked already. With its high ceilings, clear white walls and light wooden floors, you would only need to add some baskets and mirrors, and a dance studio. The gallery is part of The Salt Documentary Film Studio Center, a school where students from around the world study documentary photography or filmmaking. The dance photos, which go back to 1993, stood out. "It is interesting to do something that is so musical and so physical and present it in a still photograph," says McKinlay. ANNA L. GOLDSMITH

**Education**

Nouveau Jewelry: Stones, an exhibit featuring works by art students, shows April 18 through July 5.

**Art**

of works by art students, shows April 18 through July 5.

**Event**

"Art .... Ufo In lilt Culs Inculm the art auction culminates in an art auction in which a variety of art objects, including paintings, sculptures, and photographs, will be available. The auction will feature works by emerging and established artists, as well as pieces from private collections. The event will be held at the gallery on the evening of June 1.

"Asian Art" A selection of works by Asian artists, featuring a diverse range of styles and mediums, will be on display at the gallery. The exhibition will provide an opportunity to explore the rich cultural heritage of the Asian continent through art. The exhibition runs from April 18 to July 5.

"Hands on" A workshop on hand-made knives will be held at the gallery from 10 am to 2 pm on June 1. Participants will learn the art of making knives using traditional techniques. The workshop is open to all levels of experience, and tools will be provided.

"Art at the Museum" and "Art at the Library" will feature works by artists from the local community. The exhibitions will take place at the Portland Museum of Art and the Portland Public Library, respectively. The shows are open to the public and will run from April 18 to July 5.

"Frame the Picture" A group exhibition of works by emerging artists, featuring a variety of styles and mediums, will be on display at the gallery. The exhibition will provide a platform for artists to showcase their work and gain exposure. The exhibition runs from April 18 to July 5.

"Art at the Library" A selection of works by local artists, featuring a diverse range of styles and mediums, will be on display at the Portland Public Library. The exhibition will provide an opportunity to explore the rich cultural heritage of the local community through art. The exhibition runs from April 18 to July 5.

"Art at the Museum" A selection of works by national and international artists, featuring a diverse range of styles and mediums, will be on display at the Portland Museum of Art. The exhibition will provide an opportunity to explore the rich cultural heritage of the world through art. The exhibition runs from April 18 to July 5.
Workshop on World Music Traditions
Saturday, April 25 at 1:00 pm
Portland Performing Arts Center
Sponsored by: Tek

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Portland, ME
SALEM, The cinematic tradition. This is the veil of John Meehan, talk, money and Will. Their response: To bring the aesthetic narrative form based on the true stories. The way is to the essence of the family... "Lost in Space" which aired from 1965 to 1968, might have been called "The Electric House" in a rare meeting of a heating family to the family. Each of its homes, more a song than that batch of unconnected American melodramas, with a hand on the heart. The show was a bomb and it was perfect candidate for very Sunday morning programming, and in fact, the spectra of various narrative teaching to teach are all grown up and living in Hollywood—a difficult reputation to live with.

Hollywood... a difficult reputation to live with. Of ANGELs IVe got.

Penny and Will. Their mission: To bring the asinine middle-class film where the dying man's beautiful arid risks Cate Blanchett. And in Dutch.

GREASE The musical hit movie and it's about the "Shake Shack" is all about. _

Tomato, en for a high roller behind on his debts. Now Barney, the king of the punsters. Now tremens. Now Barney, the king of the punsters. Now Barney, the king of the punsters.

In the movie for the asinine middle-class fan-will be where the 

"Lost in Space" is all about. _

Tomato, en for a high roller behind on his debts. Now Barney, the king of the punsters. Now Barney, the king of the punsters.

In the movie for the asinine middle-class fan-will be where the 

"Lost in Space" is all about. _

Tomato, en for a high roller behind on his debts. Now Barney, the king of the punsters. Now Barney, the king of the punsters.
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Whether it's 2 pm on Saturday or midnight on Sunday, you can place your ad anytime of the day or night, 7 days a week.

Just pick up the phone and dial our NEW toll-free number. Follow the instructions and place your ad any way you wish. Our automated system will walk you through the process step by step and give you your private information right there and then. If you need help, or just have questions, there's always someone available to answer your questions and help you write your ad. And of course, you can still use our coupon and mail or fax your ad.

What are you waiting for? Pick up the phone, dial our toll-free number and start meeting Greater Portland's best singles today!

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Call 900#, No Problem! No Volume. An offer you can't refuse! This fun couple is in search of a partner, 24/7. This fun couple is in search of a partner, 24/7. Give them a call. They love to share the wealth of love.

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1-800-710-8726
1. Intensive Beginning Jewelry: Making VA015
   - Monday - Saturday, 9:00 am - 4:00 pm, August 3 - 8, 6 days
   - Fee: $250 (Credit) or Non-Credit

   This course will focus on teaching basic techniques, materials and design. Students will develop the skills necessary to create jewelry. There will be weekly demonstrations and hands-on projects. Students will work with a variety of materials, including metals, gems, and beads. The course will be held in the Jewelry Lab.

2. Painting: Monhegan: A Watercolor Workshop and Island Retreat VA025
   - Saturday, 9:00 am - 5:00 pm, August 9, 1 day
   - Fee: $200 (Credit) or Non-Credit

   This course is a watercolor workshop and island retreat designed to invigorate, inspire and educate the developing watercolorist. The workshop will be held at First Meeting: 2DA Studio, Baxter Bldg, MECA Bldg. Students will be expected to provide their own painting supplies and transportation to and from the island.

3. Advanced Herb: Making VA040
   - Wednesday, 9:00 am - 4:00 pm, August 12 - 16, 5 days
   - Fee: $250 (Credit) or Non-Credit

   This course will focus on advanced herb: making techniques for the professional herbalist. The course will include hands-on instruction in the use of traditional herbs for medicinal and nutritional purposes. Students will work with a variety of herbs, including the use of fresh and dried herbs, and learn how to prepare and use them in a variety of forms.

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Just pick up the phone and dial our NEW toll-free number. Follow the instructions and place your ad immediately. Our automated system will wait you through day by day and give you your private information right there. If you need help, or just have questions, there's always someone available to answer your questions and even help you write your ad. And of course, you can still use our coupon and mail in for your ad of all.

What are you waiting for? Pick up the phone, dial our NEW toll-free number and start writing! Create Portland's best singles today!

Ceramics

Wheelthrown Ceramics: Seasonal CCR 121
Mark Johnson
Emphasis in this class will be on wheelthrown pottery. Design aspects of functional forms such as plates, bowls, pitchers and folded containers will be explored. Reading and instruction in both handbuilding and throwing techniques will be taught. Pottery includes clay type, glaze selection and firing procedures. Students will be encouraged to experiment with glazes and to develop their own drawing potential.

See also "Intensive Beginning and Intermediate Ceramics." Page 3.

Dance and Movement

Yoga for Beginners CCR 116 Alaska Ogden
Weekdays 10:30 am, Tues.; 12:30 pm, Tues.; 8:30 am, Thurs., $325
Studio Fee $30, Reg. Fee $25

This introductory yoga class will establish relaxation, flexibility and strength through the fundamentals of various asanas. Akasha Yoga, the yoga school owned by Yoga teacher and author of "Yoga's Many Faces," in Portland. Length of time: 90 minutes.

Drawing

Drawing for the Complete Novice and Other Beginners CCR 209 Peter Bruce
Tues. 6:30 pm, Wed. 12:30 pm, Thurs. 12:30 pm, $325

An introductory class on drawing with the emphasis on developing the student's drawing potential. The emphasis will be on the process of drawing as a means of self-expression. Class will include a study of proportion, line, shape, form, space, and light. The instructor will discuss and demonstrate techniques of drawing as they are applied to the materials used. Materials: Pencils and paper. This is an introductory class for students who have never drawn before or who would like to improve their drawing skills.

Drawing on Many Levels CCR 1000 Terry McKelvey
Tues. 9:00 am, Wed. 1:00 pm, Thurs. 12:30 pm, $325

A studio class for students of all levels of experience. The class will be a dynamic and interactive environment. Assisted by the instructor, students will work on projects which will be designed to suit their needs and abilities. Materials: Pencils and paper. This is a beginning level course for students who have never drawn before or who would like to improve their drawing skills.

**Weekly Wellness Directory**

**Questions?**

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I. ...

"...

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5782

lTR. Ugllt smoker /drinker

Time for a

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DWM , 39, 6' , 3OOI)s , brownlbrown . beard,

build , funny, easygo i ng , never married . no


dren, biking, lazy Sundays , computers ,

seeks seE 30-45 , looks unimportant , just

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are st anding by .

enjoys outdoors, reading . beaches.

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22100 ,

are st anding by .

enjoys outdoors, reading . beaches.
I see, so I'm not really sure. I don't care about your weight, height, or even if you smoke or drink. All that matters is that you are reliable, a divorcee, have a sense of humor, and are outgoing. Let's have fun together rather than alone. I'm 5'7" and 155 pounds, a non-smoker, and have two kids. I live in South Portland, Maine, and I'm interested in relationships and possibly marriage, as long as you treat me right. I appreciate strong hands, gentle women, and men who are understanding and kind. Your looks are not important; what matters is your personality and character.

I enjoy looking, mid-30s-40s, and I'm looking for a partner who is creative, adventurous, and has a great sense of humor and style. You should be able to find happiness in the简单 of everyday life, and you should be able to communicate effectively and approach any difference with a spirit of expansion and curiosity. I'm looking for someone who can be a valuable contribution to our shared life and trajectory.

This weekend, I'm looking for someone who is available to spend time with me, whether it's dancing, moonlit strolls, travel, or any other activity you enjoy. I love my alone time, but I also enjoy being with others. I'm not looking for a serious relationship, but if something develops, I'm open to it.
**ARE YOU FREE THIS WEEKEND?**

**THAT'S RIGHT.**

Whether it's near on Saturday or nightly on Sunday, you can place your ad anytime of the day or night, 7 days a week.

Just pick up the phone and dial our NEW toll-free number. Follow the instructions and place your ad anonymously. Our automated system will walk you through step by step and give you your private information right back to you. If you need help, or just have machines, there's always someone available to answer your questions and even help you write your ad. And of course, you can still use our coupon and write it yourself.

What else are you waiting for? Pick up the phone, dial 775-1234 and start meeting Greater Portland's best tonight!
ARE YOU FREE THIS WEEKEND?

TAKE ADVANTAGE OF GDW'S WEEKLY NEW 5K RUN / 5K WALK / 5K TRAILER HAVEN.

THAT'S RIGHT.

Whether it's an all-on Saturday or all-on Sunday, now you can place your ad anytime of the day or night. 7 days a week.

Just pick up the phone and dial our NEW toll-free number. Follow the instructions and place your ad as quickly as possible. Our automated system will walk you through step by step and give you your private information right then and there. If you need help, we're just a call away. And our new machine, there's always someone available to answer your questions and even help you write your ad. And of course, you will still use our coupon and mail it for your ad to us.

What else are you waiting for? Pick up the phone, dial 1-800-727-4111 and start meeting Greater Portland's best people today!
Maine Summer Institute in Graphic Design.

The Maine Summer Institute in Graphic Design is a series of three-week residencies taught by faculty with international prominence as practitioners and teachers. Designed for established and developing graphic designers, the program provides a comprehensive exploration of professional and personal skills through a combination of critical and studio instruction to enhance work, high professional standards, and among faculty-student relationships.

Requirements:
- Participation in the program is open to professional designers or students; graduate students currently enrolled in a program of an accredited college or university, and undergraduate graphic design majors with outstanding potential.
- Application: Fill out an application form by visiting Maine College of Art at www.mca-art.edu. Complete the application form and submit it online or mail to: Maine Summer Institute in Graphic Design, 85 Fore Street, Portland, ME 04101.
- Program Dates: The program is held June 19 - July 8, 2022. Each week carries one semester-hour of credit.

Maine College of Art was founded in 1880 and is an accredited, independent, four-year college offering the Bachelor of Fine Arts and Bachelor of Arts degrees in Art Education, Business Administration, Fine Arts, liberal arts, and art therapy. It has approximately 800 students in 16 fine art and design majors.

Inquiries regarding the accreditation status by the New England Association of Schools and Colleges, Inc., through its Commission on Higher Education, may be made with the office of the Dean of Students and Admissions.

Questions?
- 775-1234
- For more information and rates, call (207) 775-1234, ext. 231.

About the College

The Maine College of Art is a major regional resource serving the College and the region through educational, professional, and public programs. It is committed to excellence in the liberal arts and to the development of the creative processes and skills of its students. The College is dedicated to fostering the creative development of its students and to providing a setting that encourages exploration and experimentation.

The College also offers a Master of Fine Arts degree in Graphic Design. The program is designed to provide a solid foundation in the fundamentals of graphic design while allowing students to specialize in areas of interest. The program is open to students who have completed a bachelor's degree in graphic design or a related field.

For more information, please contact the Office of Admission at (207) 775-1234, ext. 231.
How to Register

Fees are due by the first day of classes. Instructors are to receive fee payments before the second meeting. No enrollments will be accepted without a fee on file. Students who are not able to pay the fee due to financial hardship may apply for a fee waiver. Contact the Continuing Studies Office for more information.

In the event that a class is filled before you can enroll, you are not guaranteed a spot in the class. A waitlist will be maintained. The waitlist is not a guarantee of enrollment. You must register in person or by phone or mail to be placed on the waitlist.

Mail: Maine College of Art, Continuing Studies, 485 Presidential Avenue, Portland, ME 04104
Phone: (207) 775-1234
Fax: (207) 775-1235
Email: reg@maine.edu
Website: http://www.maine.edu/continuingstudies

Maine College of Art Continuing Studies Registration Form Summer 1998

Student Information (for all students)

Student Name

Department

Address

City/State/Zip

Phone

Email

Non-refundable registration fee. If enrolled in more than one course, pay the greater of the fees.

Non-refundable registration fee for classes starting the week of June 22.

Non-refundable registration fee for classes starting the week of July 6.

Non-refundable registration fee for classes starting the week of August 3.

Non-refundable registration fee for classes starting the week of August 17.

Total amount owed.

Additional Information

Required for all students under age 18

Student Age

Parent or Guardian's Name

Employer

Student's School

Art Teacher's Name

Fax Number

Date Received

Date Card Received

Card Number

Date

Cardholder's Name

Payment

By Mail

By Check

By Credit Card

Mail a written request to the Office of the Registrar. This form must be used by the College in future professional affairs, without specific written permission from the student.

The College reserves the right to cancel any course, withdraw any professor, withdraw any instructor, withdraw any student, cancel or delay any course, or change any course, events, examinations, or dates. The College reserves the right to change any course, events, examinations, or dates.

SPRING HAS SPRUNG

April - November

HERBS & HEALTH

Hers and Healing Therapies

Hers and Healing Therapies is located in the Portland area and is dedicated to the art of herbal medicine. Hers and Healing Therapies offers a wide variety of services, including herbal consultations, herbal remedies, and herbal treatment plans. They are also experienced in the use of essential oils, herbs, and other natural remedies. Hers and Healing Therapies is committed to providing the highest quality natural care for their clients.

Dana's Herbal Salves

Dana's Herbal Salves is located in the Portland area and is dedicated to the art of herbal medicine. Dana's Herbal Salves offers a wide variety of services, including herbal consultations, herbal remedies, and herbal treatment plans. They are also experienced in the use of essential oils, herbs, and other natural remedies. Dana's Herbal Salves is committed to providing the highest quality natural care for their clients.

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HLP WANTED

Community Care Systems of Maine

Due to expansion, CDL drivers wanted for O.T.R.
3 yrs flatbed and over-dimensional experience required.
Benefits.
Call Ted at 1-800-446-4089

NURSING POSITIONS

At FRANKLIN MEMORIAL HOSPITAL

One 3rd shift, nurse case coordinator unit.
One 3rd shift, nurse community hospital unit.

One Clinical Coordinator, 30 yrs experience, 30 yrs supervisory experience
One Medical Surgical Unit, 3 yrs case experience required.
One Operating Room Nurse, 3 yrs experience required.
One Duration Unit, 1 yrs case experience required.
One Intensive Care Unit, 2 yrs experience required.
One Emergency Department, part time position.

Foremost, acute care experience required.

Join the caring staff at Franklin Memorial Hospital.

CALL PAM BOYD AT 753-6400

COUNSELING SERVICES, INC.

CDL drivers wanted for Casco Bay Weekly and surrounding Maine and New Hampshire areas.

Years of acute care experience and ability to rotate night and weekend work required.

One position available immediately.

COMPETITIVE BENEFIT PACKAGE

Apply in person at your local Big Apple

Wound Care Specialist

New, 30-hour per week position in Sanford, Maine.

Full-time benefits available.

Please apply in person at your local Big Apple

HealthSouth Services

In the Tradition of Excellence

Cashiers and Gas Attendants

We’re Looking for Customer Oriented, Dependable Employees

- Opportunity for advancement
- Full and Part time positions
- Friendly work environment
- Competitive Benefit Package

CALL 1-800-BIGAPPLE TO PLACE YOUR AD!

Call Roger Rubear at 771-7903 or FAX 771-0403

SALES

SEBASTIAN HAIR/COSMETICS

SEASONAL FASHION SHOWS

Financial group...a rewarding career opportunity.

CRASTCHN, MAINE...BURLINGTON, MA...WELLINGTON, MA

BEST WESTERN PARKWOOD INN. Route 24

AUBURN INN 1777 Washington Street

11-0474 $13.19-18.43/hr

CUSTOMER SERVICE PROFESSIONALS

Cranston, RI 02920

These positions also require working the following hours:
Monday-Friday 1:00-9:00 pm

Hiring for a service that Salons (MA, NY,TX,CT). Must be a creative thinker, enthusiastic and organized. Experience in Merchandising, Education, and Beauty is plus.

Salary/Training/Benefits

Send Resume: Arina Sales Manager, 4 Stafford Court, Cranston, RI 02920

For Fax: (401) 566-4197

TRM

Equal opportunity employers

USA TODAY 2/26/98

Interested in a rewarding career opportunity in sales and financial services with New York Life Insurance Company, Call Roger Rubear at 771-7903 or FAX resumes 771-7406. EOE M/F/D/V

SALES SEBASTIAN HAIR/COSMETICS

Foraging for distribution office sales professionals in service Nail Salons (MA, NY,TX,CT). Must be a creative thinker, enthusiastic and organized. Experience in Merchandising, Education, and Beauty is plus.

Salary/Training/Benefits

Send Resume: Arina Sales Manager, 4 Stafford Court, Cranston, RI 02920

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HELP WANTED

Calais Regional Hospital Quality Management Director
Calais Regional Hospital is seeking a healthcare professional with high energy and strong customer service experience, an interest in healthcare, and a proven track record of management. The ideal candidate will have Hospital-wide activities in the areas of performance improvement, patient satisfaction, utilization review and utilization certification. This is a full-time position.

Mail or fax resume to: Human Resources, CRH, 50 Franklin St., Calais, ME 04619
Fax: (207) 454-9228
Mail: Human Resources, Calais Regional Hospital, 50 Franklin Street, Calais, ME 04619

Calais Regional Hospital Physician Practice Manager
Calais Regional Hospital is seeking a skilled leader to manage a growing physician practice. The successful candidate will lead the practice in achieving and exceeding quality benchmarks, improving financial performance and improving patient satisfaction. A Bachelor of Science degree with a minimum of a Bachelor of Science in Health Care Administration, management or business-related fields is required. Prior experience in a health care environment is beneficial. You must have excellent verbal and written communication skills, leadership, interpersonal and problem-solving skills and the ability to work well in a team environment.

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Freeport Nursing & Rehabilitation Center
Are you seeking a position that will enable you to make a major contribution to the success of an organization? If you answered yes, then the leadership position of Director of Nursing at our 160-bed, skilled nursing, rehabilitation, and assisted living facility may be just what you are looking for.

You must be an RN, ACLS, have a current license in Maine and have at least three years experience in an equivalent position. We offer a competitive salary and benefits package, an opportunity to live and work in a beautiful coastal environment and the satisfaction of knowing you are making a difference in the lives of our patients.

Freeport Nursing & Rehabilitation Center is an Equal Opportunity Employer. Mail or fax resume to: Human Resources, Calais Regional Hospital, 50 Franklin Street, Calais, ME 04619
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World-Class Opportunities for Summer Employment in Portland

If you would like to work for an innovative company without leaving Portland, MBNA New England offers a unique opportunity. Now serving ventures of Customers, MBNA is the largest independent credit card bank in the nation (one of the two largest overall), and offices throughout the board claims, the United Kingdoms, and Canada.

MBNA New England: Portland office is now hiring for the Summer Associate Program. We are seeking highly motivated individuals who are interested in representing a world leader in a sales position. Please call Anne at 207-771-1553 to request an application.

MBNA New England
200 Kennedy Memorial Drive
Portland, ME 04101

Please send a resume or call 633-2121, ext. 312 or 301 to request an application.

MBNA New England

St. Andrews Hospital and Healthcare
Boothbay Harbor, Maine 04538

We are currently accepting applications for RNs, LPNs, & OTs. The Freeport Nursing & Rehabilitation Center is a leading company in a friendly, rural hospital environment. Please send a resume or call 633-2121, ext. 312 or 301 to request an application.

St. Andrews Hospital and Healthcare

NEWS FROM THE CASEY FOSTER CARE TEAM!
Be a Part of the Casey Foster Care Team!
- Families or individuals who make a long term commitment to a foster child.
- Must be 6 months or more time in Portland and be able to live full time in housing requirements.
- Generous monthly stipend and year around programs.
- Long Term Foster Care Treatment Foster Care Agency

Long Term Foster Care.
TREATMENT FOSTER CARE AGENCY

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MBNA New England

St. Andrews Hospital and Healthcare
Boothbay Harbor, Maine 04538

Our current opening is for someone with excellent data entry skills. Call Heather at x104.

Newport Hospital, Newport, VT

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St. Andrews Hospital and Healthcare

52 CASCO BAY WEEKLY

POOLYLE PRODUCTIONS
presents

JOURNEYS
OVER WATER

written and performed
by Susan Poulin and
Gordon Carlisle

ONE NIGHT ONLY!
Friday, April 17 at 8 p.m.
Portland High Auditorium
Tickets $20/$15
CALL 775-5103

THE PAINTINGS OF
STEPHEN ETNIER
APRIL 9 - JUNE 7, 1998
PORTLAND MUSEUM OF ART

THE PANKSTOWN OF
GORDON CARLISLE
APRIL 9 - JUNE 7, 1998
PORTLAND MUSEUM OF ART

PORTLAND MUSEUM OF ART
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EASTER, CAREER WEAR, GRADUATIONS...

Sprin... is here!

Ladies!

Look what's new...

Just received a huge selection of spring & summer dresses

Cute Options
Phool, Karen's, Tak

Only $29.99

Spring Shorts & Shirts
Mens Leans - Prewashed
Mens Dockers
Jeans 505 + 550
Whistle-Free Pants

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774-0972 892-5797