CBW searches for signs of life in the Portland music scene — and finds plenty. Here's our view of the backwater's brightest lights.
UNLEASH YOUR POTENTIAL
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is stopping by
for a week or two
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(Yo good thing there's lots to do in Portland.)

With the warm weather finally here, it seems there's no end to the friends and family planning to come visit. Fortunately, there are hundreds of things to do right here — in downtown Portland. Explore Maine's largest city by day. And take it all in at night. With so much to offer, your guests may never want to leave — until it gets cold, of course.

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For more information on what to do in Portland call 772-2052
or visit our website at www.portlandmaine.com

A CONVERSATION WITH
BILL FRENCH

"We've figured out that two guys can get more done together than working separate. We can run through a 24-pump gas station in pretty good shape."

BILL FRENCH, 62, serves as the official Sealer of Weights and Measures for Cape Elizabeth and South Portland. With the help of a part-time assistant, French checks gas pumps, scales and measuring tapes to ensure they are calibrated properly so customers receive a fair deal. He was a raw weights and measures inspector until his retirement in 1996.

How often do you catch people with dishonest scales?

Very seldom.

Sometimes when I worked for the state and we'd go to and find them all on the low side, and you suspect, but you just aren't sure little bit and you don't say anything.

The only way you know there was anything wrong was on a formal complaint, and then we had a lot of problems with forewood retailers trying to defraud their buyers but what they were doing is there was a difference between 24-inch cord and a marketed cord, and there's a slight difference between whether it's checked out loaded from a conveyor belt, or whether it's handled with a bucket loader.

When the suspects using thrown cords?

Well, I don't know what they were doing, but they used shorter basic containers. The most old put you out of business, than they got back into business and got into more trouble and then I don't know what they were doing. I haven't heard of it in a while. People just usually don't people don't like that today — people just don't realize it.

Do you do metrics, too?

There are some metric gas pumps around, not many, but they read in liters. These used to be one even in Lewiston or a little stations, but I think they've been long gone. There is one up there, but I'm not sure where they are. Not in the ones I work with. They're in French-speaking areas.

Do you think they'll ever change over to the metric system here? Probably someday, but I don't wanna see it. My head works in inches.

Do you have to check the octane levels of the pump, too?

No, we just check octane. The one has a little handheld thing, which you place into a cup and then you pour it in there and it shines light through it and checks the octane somehow that way.

How often do you check the octane levels of the pumps, too?

Very seldom.

Sometimes when I worked for the state, we would catch octane, but you just hear of it. My head works in inches.

Do you have to check the octane levels too?

No, we just check octane. The one has a little handheld thing, which you place into a cup and then you pour it in there and it shines light through it and checks the octane somehow that way.

How have you ever seen a case of somebody trying to cheat you? No, but there is — there was a crook, but he burnt his own hand, and in the town, but within 50 miles.

You guys put him out of business?

He did not. We caught him quite a bit of grief. We could never really put a number on, but we caught enough grief that he saw the handwriting on the wall.

Interviewed by Carl Racket, photo by Colin Modell.

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Your participation shows that individuals working together can make a difference!

By continuing Commute Another Way to and from work—whether by bike, carpooling or vanpooling, walking, taking the bus, or any other alternative means of transportation—helps reduce traffic congestion by reducing the number of vehicle miles traveled on southern Maine roads by more than 100,000! You also kept more than 230 companies and their employee coordinators for the 1998 Commuter Hall of Fame sponsored by Casco Bay Weekly!

"Thank you for helping save the world!"

To all of the more than 12,000 individuals who participated in Commute Another Way Week, June 15-19:

Your participation shows that individuals working together can make a difference!
My lunch with destiny

A relatively new friend and I had lunch the other day. I had heard about the restaurant before, and she had heard about me. We hit it off immediately, and wanted to continue the conversation over lunch. We decided to try a restaurant that was slightly different from what we usually ate. It was a small, cozy place with a friendly atmosphere.

As we sat down, the waiter came over and introduced himself. He was very pleasant and seemed to be enjoying his job. We ordered sandwiches and soup, and the food was delicious. We talked about various topics, including our careers, hobbies, and interests. It was a pleasant conversation.

Towards the end of our meal, the waiter approached us with a smile. He had a special menu for the day that we hadn't noticed. He suggested we try one of the dishes, and we agreed. When the dish arrived, it was even better than expected. We both enjoyed it and complimented the chef.

As we finished our meal, the waiter came back to ask if there was anything else we needed. We both agreed that the lunch was wonderful and thanked him for his service.

Overall, it was a great experience, and we both left feeling satisfied and happy. We agreed to meet again soon and continue our conversation. It was a delightful lunch with good food, great conversation, and excellent service.
The Portland police don't apply for grant money for drunk-driving enforcement because there are too few cops to staff the program.

**Kimberly Jean Smith**

Portland police lost an opportunity to receive thousands in grant money to help fight alcohol-related crime because they didn't have enough officers to staff the program.

Mike Chidraw, Portland's chief of police, said he had a hard time finding officers last year as he was trying to staff the blockheads. Even though Portland police received $31,000 last year from the Maine Department of Public Safety, Chidraw said he was not able to apply for the grant for the program for a second year in a row.

"We only had 25 officers in the department at the time," Chidraw said. "We only had enough officers to staff the program in the first year."

There's been a shift in the way the grants are administered and a shortage of officers in the department, said Tim Johnson, president of the police union. "The police really need support from the department to maintain the programs," Johnson said. "We need to have enough officers to staff the program."

The police department is currently understaffed, Johnson said. "The department is understaffed, and we're not able to staff the program."
Go Button sets its coordinates for alien territory

The Electric Tigers want to save rock n' roll. All they need is an audience.

**CONTINUED ON PAGE 14**
How would you like that fried?
Thinking about getting married? 
Need cheap shoes?

"What's the catch?" — St. John's Bakery Fine Foods

Getting what you need?

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Small, dynamic classes with a faculty
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of people just like you!

Choose to be different

Night of the living freaks

If you've ever wondered what it's like to be a Portland hip-hop freak, you've had your chance over the past couple months to step behind the mysterious door. The Fresh Show is the brainchild of Mike Whittemore, who manages local independent radio station WMPG. A two-hour show, Whittemore has become known for his off-the-cuff style, often improvising spots on the air. As a DJ at WMPG, Whittemore has become known for his unique approach to music, often blending genres and styles to create a unique sound.

The clock in WMPG's DJ lounge is set to 3:30, and Samuels, London, and Edwards are all hard at work. They're preparing for their weekly show, which airs every Saturday night from 8 to 11 p.m. on WMPG. The trio, known as The Cartoon Network DJs, is responsible for curating the music and selecting the tracks for the show.

Nick Edwards (a.k.a. DJ Nicotine), 31, does the show every week, while London and Samuels take turns as DJs. The group members say they have no set formula for their shows, and they're always looking for new music and artists to feature. "We try to bring in as much variety as possible," says London. "We want to keep things interesting and make people want to listen to us every week."
Local beat

With the recent elections, there has been a lot of talk about the challenges of running an election. It's a complex and time-consuming process, and there are many factors that can contribute to errors and inaccuracies.

As a citizen, it's important to stay informed and engaged in the electoral process. By staying up-to-date on election news and developments, you can help ensure that the election process is as fair and transparent as possible.

In addition to staying informed, it's also important to encourage others to participate in the electoral process. Encourage your friends and family to register to vote, and to vote on election day. By doing so, you can help strengthen our democracy and ensure that the voices of all citizens are heard.

Let's work together to make our elections fair, transparent, and representative of all members of our community.
N 0 freaks allowed: The Freak Show, a night of local film and music (see page 14), could have been just the start of cutting edge, community-generated happenings at the Fine Arts Theatre, a porn emporium on Congress Street. Fine Arts' manager Dave Severance and a group of investors, including local lighting designer Shawn Seamen, made a pitch to lease the venue this spring, but gave up when the current owners - Associated Theatre Management Corp. of Waltham, Mass. - said they wanted to screen porn shows and operate the adult shop during the day, and let Seamen and his cohorts run their "youth-oriented" theater at night. The Fine Arts has been under pressure for a couple of years, including a police crackdown on public sex acts and attempts to revoke the theater's license. Which has Seamen and Severance scratching their heads as to why the company won't throw in the towel. All the Fine Arts owner "sees is porn," says Seamen, "because that's a how he made his money 20 years ago." Does this mean the plan for a new art space is kaput? "Naw," says Seamen. "I'm always looking for deals." 

Crossed wires: WGAN employees were given a live broadcast on the station's intercom June 30 of general manager Bob Gold informing local talk-show host John McDonald that his fledgling program would be replaced by the syndicated sound of Boston loudmouth Howie Carr. "That was an honest mistake," said McDonald of Gold's telephone faux pas, which subsequently set off rumors that McDonald had been given his walking papers. Obviously, McDonald would have liked to keep his show - at least until the end of the current 13-week ratings period - but had little to say on the record about the decision. Gold said McDonald is "still very much employed here," while program director Dave Winsor explained McDonald will continue with his Saturday and Sunday spots and do daily features on life in Maine. "I like John a lot," Winsor said, explaining the station opted for Carr's show because of its national ratings. "We're playing the dice on it, saying it's gonna be big." 

Family values: We won't even speculate about what goes on in the Portland Sea Dogs' locker room, but on the field, the baseball team appears to be the town's gay-friendly team. For instance, the 15-city promotion tied to the team's debut against the Yankees' in New York is "Phish." Good Morning America was in Portland recently to do a story on the team, which has a large gay base. The team also sells "Gay Friendly" T-shirts, and this is the Portland Press Herald's gay-friendly deal. For instance, the 15-city promotion ties to the team's debut against the Yankees' in New York is "Phish."
Prime Cut

Who put the soul in industrial metal? Incongruous as it seems, Sevendust did. The Atlanta fivesome like idiots; that’s our job. Sevendust - tours with the illustrious Ozzfest this summer and plays July 16th Tom Kennedy.

The next Big things

| Monday 10 |
| Monday 12 |
| Monday 13 |

| Tuesday 10 |
| Tuesday 12 |
| Tuesday 13 |

| Wednesday 11 |
| Wednesday 13 |
| Wednesday 14 |

| Thursday 11 |
| Thursday 12 |
| Thursday 13 |
| Thursday 14 |

| Friday 11 |
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| Friday 13 |
| Friday 14 |

| Saturday 10 |
| Saturday 11 |
| Saturday 12 |
| Saturday 13 |
| Saturday 14 |

| Sunday 10 |
| Sunday 11 |
| Sunday 12 |
| Sunday 13 |

The best bar you haven’t been to...yet!

The Comfort Zone

State Theater
601 Congress St. Portland, ME
This Friday: July 10th, 8pm. Tickets $15. General Admission. All Ages

Life of Agony
Drain & Ultraspank

Prime Cut

The best bar you haven’t been to...yet!

The Comfort Zone
PINFEST '98

Not to be confused with Fledgley, the annual gathering of great white Shark in Deerwood, South Dakota, PINFEST '98 is a celebration of all things Finnsile. As in Finland, only to the Finns can animal from among 40 events schedule for each day, including lectures on the work of Finnish photographer Risto Hiltunen. Demonstrations of traditional Finnish cooking, traditional performance by Finnish celtic, and dance performance by Finnish vouge. Crafts and other kinetic goodies are also available at the Fair, a Finnish marketplace. Opening show at Old Spaghetti, University of Southern Maine, Saturday, June 11. 4-9:30 p.m. The Festival concludes Saturday, June 25. Registration is required for all atheist events. Friday, June 17, from 4-7 p.m. Registration fee $15. For more information call 237-7642. 7:30 PM, E. Exchange St., Portland, from 7:30-9 p.m. Free. 774-0626.

ART IN MONUMENT SQUARE

A TURNOVER of artists, art, and a turn over of artists at "Art in Monument Square." Organized by Portland's Orono Arts District, the juried show features 22 different artists who have just completed traditional paintings and watercolors. (Sally and Bertha Turano, body painting -- all for skin. Promote in the Field from 8 to 9:30, or to be held at the Hotel de Ville. 7:30 PM, E. Exchange St., Portland, from 7-10 p.m. Free. 774-0626.

CONFIDENCE SERIES

Just the shell. If art lovers stop moving, they can't breathe. So, as long as you're sitting in a world of points, art and watercolors, you can check out Lester Bell's exhibition, "Confidence Series." Bell's first solo show of her work in 1996, the exhibition consists of 20 oil paintings of landscapes. Join the artists for an opening reception at Maine State Gallery, 116 High St., Portland, from 4-7 p.m. The exhibition continues through July 10. Thurs. 10 a.m.-4 p.m., Fri. 10 a.m.-5 p.m., Sat. 9 a.m.-5 p.m., Sun. 11 a.m.-5 p.m. 774-0626.

FRANK CARLETON and CHRISTINE CURREA

Bringing you to a place you've been in your life. Frank Carleton and Christine Currea, a nomad of 30 years from Portland, have come to this exhibition. The paintings, this richly illuminated jazz, have been described as "a river of voice" and as "a river of meaning." Which is why you've been hanging out at art openings, fighting everyone's egos and trying to stay alive. Maker of Cape's Institute of Contemporary Art has been opening for dinner in the first floor, looking at many of the artists that want to stay, "something from nothing. The Conceptual Colors of Siree Bower" features seven large scale pieces by the New York artist. Each offering alternatively to traditional notions of femininity and contemporary style. "Pamphlet Paper" by Holly Bell consists of one piece of a multi-disciplinary performance of a female, sexual, dressed in heavy body paint and weared with painted nails. Finally, Judy Lehmann's "68: Night," a collection of Polaroid photographs of each performer in her new and Corrolla tape, explores the cultural fascination with words and the lack of what they mean. Join the artists for an opening reception at the Institute of Contemporary Art, 530 Congress St., Portland, from 5-7 p.m. Free. 774-0626.

Quick Picks

JULY 9

- Author Van Reil reads from his debut novel, "Consortia Underwood, or the Morning Rituals of the Memphis League," at Books Inc., 38 Exchange St., Portland, from 7:30-9 p.m. Free. 774-0626.
- An exhibition of paintings by Marguerite Minkin opens at Arts Resource Service, 8 Pleasant St., Portland, from 4-6 p.m. The exhibition continues through Aug. 14. Hours: Tues.-Sat. 10 a.m.-4 p.m. and by appointment. 774-0626.
- An exhibit of paintings by Betsy Hanlon at the Portland Museum of Art, 7 Exchange St., Portland, running through Aug. 23. Hours: Mon.-Sat. 10 a.m.-5 p.m., Sun. 1-5 p.m. 774-0626.

Sound Bites

"Ride the roller coaster of jumpin', jivin' and wailin' blues with Greg Piccola and Steavy July 9 at The Big Easy (9 p.m./cover TBD)." "He makes a living making music that makes you wanna dance. He's NYC's Ed Dirty Harry, and he'll be mixing it up July 10 at The Asylum. 10 p.m./$10 ($8 advance)." "Miming funk, blues, rock, jazz and R&B, it's no wonder Freak the Jones are hot. See them July 10 at Geno's 1:30 p.m./$46."
Loud Rock Album of the Year
See them live at the State Theatre, Friday, July 10th.
Pick up their self-titled disc for just $11.97

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Sevendust

Live, local and loaded with talent

Even when one is immersed in the Portland music scene, it's easy to forget how remarkable it is. For a small city with an even smaller supply of chug-a-long music bars, Portland has a large, diverse and creative selection of musical talent. To help celebrate the city's special music scene, I've chosen three bands—Cerberus Shoal, Diesel Doug and the Long Haul Truckers and Lincolnville—that not only set the bar for the city's music scene, but also demonstrate the range of musical styles found here.

There isn't a band in the nation, much less Portland, that's as dedicated as Diesel Doug to honoring the classic rock sounds of the '60s and '70s. What other area band would perform in a bar and half of a wedding with the band topping off with a 75-minute set for an encore? What other band would perform with backs to the audience? Where else has a band that can't spell correctly, much less comprehensively, been so treasured?

You never know what you're going to get when you see this group perform. Should's music be a mix of 70's progressive rock, artist punk and jazz improvisation that takes with their lively changes with every show. However, much of the town changes, no matter how many songs are written to the music, it's the band's quality that remains. In the near future, the group will have a single, "Wishbone," in the Denver-based magazine/compilation CD "Lookout." And who knows, we may also be working on "Myth," what they call a 45-minute opera. Cerberus Shoal remains a band that's always growing, never content, and never common.

It's a tribute to the Portland scene that the city can foster the likes of both Cerberus Shoal and the Long Haul Truckers—two bands that, besides their hometowns, have one thing in common: church. Both bands have a relationship with their churches because both of us experienced church, too. What's not related to the bands because both of us experienced church, too. The band finally, it's overall strength is in the area of influences, it's as exciting for the band as the audience. "Wishbone," in the Denver-based magazine/compilation CD "Lookout," will also be available at "Myth," what they call a 45-minute opera. Cerberus Shoal maintains a band that's always growing, never content, and never common.

Somehow between the Truckers and the Shoal is Lincolnville. Since the band's debut album was released in the summer of 1996, the band has been hard at work playing shows and recording demos, and waiting to see how they sound before considering any more releases. "Releasing a record is like getting a tattoo," Dolan says, explaining the process. "Once you've done it, it's there forever." But, he adds, the band considers its new work the best it's ever done. While it's unfortunate we'll have to wait for a new release, the band has a new release scheduled for the fall, which is fortunate that we have the group, along with Cerberus Shoal and Diesel Doug, so Portlanders.

"The Fine Art of Carousing," won't contain any big surprises, but Diesel Doug is a safe bet the album the group is currently recording, tentatively titled "Wishbone," will be as prominent as it once was; Lincolnville doesn't gig as much as it used to and band is recording demos, and waiting to see how they sound before considering any more releases. "Releasing a record is like getting a tattoo," Dolan says, explaining the process. "Once you've done it, it's there forever." But, he adds, the band considers its new work the best it's ever done. While it's unfortunate we'll have to wait for a new release, the band has a new release scheduled for the fall, which is fortunate that we have the group, along with Cerberus Shoal and Diesel Doug, so Portlanders.

Diesel Doug and the Long Haul Truckers play on the Rne Arts Theatre, 627 1/2 Congress St., Portland, at 9:30 p.m. July 23. Tickets are $8. Diesel Doug and the Long Haul Truckers and Lincolnville—the only area bands with as prominent as it once was; Lincolnville doesn't gig as much as it used to and band is recording demos, and waiting to see how they sound before considering any more releases. "Releasing a record is like getting a tattoo," Dolan says, explaining the process. "Once you've done it, it's there forever." But, he adds, the band considers its new work the best it's ever done. While it's unfortunate we'll have to wait for a new release, the band has a new release scheduled for the fall, which is fortunate that we have the group, along with Cerberus Shoal and Diesel Doug, so Portlanders.

Cerberus Shoal plays "The Fresh Prince" at 11:45 a.m. at the Fine Arts Theatre, 837-3/4 Congress St., Portland, at 9:30 p.m. July 23. Tickets are $8. Diesel Doug and the Long Haul Truckers and Lincolnville—the only area bands with as prominent as it once was; Lincolnville doesn't gig as much as it used to and band is recording demos, and waiting to see how they sound before considering any more releases. "Releasing a record is like getting a tattoo," Dolan says, explaining the process. "Once you've done it, it's there forever." But, he adds, the band considers its new work the best it's ever done. While it's unfortunate we'll have to wait for a new release, the band has a new release scheduled for the fall, which is fortunate that we have the group, along with Cerberus Shoal and Diesel Doug, so Portlanders.

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BOOK READING TONIGHT!

7:30-9PM

Elspeth Huxley, Van Ryn, will be on hand to read selections from his latest novel, "Grotto." Oshorn or the American West," which she has written a delightful, breezy novel with the kind of laid-back storytelling and gentle voice of human nature that you tend to come to in this genre," says Peter.

BOOKS ETC
38 Exchange Street • to the Old Port

The Institute of Contemporary Art is pleased to announce the opening of three new exhibitions:

**something from nothing**
- The Conceptual Quilt of Sonja Brandy
- Judy LaFrance, Mr. Right
- Leslie Dill, Plunder Poem Girl

**July 1 - 30**
Opening Reception
Friday, July 10
5 - 7 pm

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The Theater Project, 14 School St, Brunswick

tickens available at the - call 726-8584
The rules of marriage are simple. One: If your wife's name is Mary, don't make it a habit of addressing her as Susan or Brenda, etc. Two: If your husband calls the automobile that's making that ticking noise in the car—then claimed—it's the alternator that's making that ticking noise! Three: If you're married to a hitman, try really, really hard to keep your spouse happy. As part of its summer schedule, the Maine State Music Theatre presents a series of plays, comedies starring Nancy Blunt at Congress. tunes by Rodgers and Hammerstein. The most famous one song contest in the category. The successor was written in 1945. As with any bad idea, it shouldn't be discarded, just recycled. Now we have a new contest, with new rules, new winners, new producers, new directors, new writers, new actors, new sets, etc. But the most important part is that we still love the idea of a song contest.

July 9—11 and 30

1: "Whatevah How You Want It" by Betty LaVette

2: "Tangled Up in Bruce" by Lou Reed

3: "Ginger and Fred" by Sade

The contest is open to anyone, the rules are simple. One: If you're married, try to keep your spouse happy. Two: If you win, you get to keep the prize money. Three: If you lose, you get to keep the experience.

The contest will be held on July 11 at the Theatre At Monmouth Evan's "Goodbye Firefly" is a dark comedy about people who have lost their jobs. At the Portland Opera Festival, Bizet's "Carmen" will be performed. The opera is set in the southern part of Spain and tells the story of a young girl and an older man who fall in love. As with any bad idea, it shouldn't be discarded, just recycled. Now we have a new contest, with new rules, new winners, new producers, new directors, new writers, new actors, new sets, etc. But the most important part is that we still love the idea of a song contest.

July 9—11 and 30

1: "My Foolish Heart" by Nat King Cole

2: "A Hundred Years Apart" byles Howl

3: "The Gift of the Magi" by O. Henry

The contest is open to anyone, the rules are simple. One: If you're married, try to keep your spouse happy. Two: If you win, you get to keep the prize money. Three: If you lose, you get to keep the experience.
listing happenings

Backpacking with Van Fleet is the author of "Three Days on the Trail," which chronicles his backpacking adventures in the range.

Fun fact! The Casco Bay Islands are home to over 100 species of birds, making it a perfect destination for birdwatchers.

Addition: Don't forget to check out the Casco Bay Islands during your visit for a unique nature experience.

Road trip

Have film, will travel

The world of film is vast and diverse, with a new movie being released every week. But how about a road trip to see these films in the comfort of your own car? Here are some recommendations:

1. "The Truman Show" - A story of a man who discovers the nature of his life in a controlled environment. This film is a must-watch for anyone interested in the intersection of technology and human nature.

2. "The X-Files" - A science fiction series that explores the unknown and unexplained. This show is perfect for fans of mystery and intrigue.

3. "The Informer" - A historical drama set during the American Civil War. This film is a great choice for those who enjoy historical events and their impact on society.

4. "The Golden Boy" - A biographical film about the legendary baseball player Joe DiMaggio. This movie is a great way to learn about the history of baseball and its impact on American culture.

5. "Cordelia Underwood" - A novel by the renowned author. This book is a must-read for anyone interested in contemporary literature.

Now playing

Read this week's online cinema listings for the latest films coming to theaters near you.

Movie reviews

The Truman Show Review

Despite the film's many strengths, "The Truman Show" is not without its flaws. The pacing is slow, and the characterization is sometimes flat. However, the film's themes of reality and illusion are handled with care and effectiveness.

Dr. Doutte Review

"Dr. Doutte" is a film that deals with the issue of medical malpractice. The film is well-crafted, and the performances are strong. However, the film's message is somewhat muddled, and the resolution is not entirely satisfying.

Mulan Review

"Mulan" is a film that combines elements of animation and live-action. The film is visually stunning, and the characters are well-developed. However, the film's message about women's rights is somewhat simplistic, and the action scenes are not entirely convincing.

The X-Files Review

"The X-Files" is a film that combines the paranormal and the scientific. The film is well-crafted, and the performances are strong. However, the film's message about the nature of existence is somewhat muddled, and the resolution is not entirely satisfying.
Interesting in many physical and mental pursuits, 42-60, SWF, 305, tall, aware, sensitive. Gentleman to enjoy conversation with similar. You feel comfortable so. Writing: Write: Recommend I'll make me laugh, n/s. Lime be beach, beach, meet."

LET'S bring flowers, reverent, explorer. late 30s-40s, ready to revel in yard sales and long distance touring. Clean exhaust system. I'll protect you. LET'S trust, mind.

For friendship, possible romantic relationship. It's cool, French DWPF, late 40s, enjoys some Morris, enjoys kids, fishing. OWM, 5'6', 158 lbs, blown hair and louched. We love hometime.

Just looking. Very pretty lady. Looking for a male with good sense of humor and enjoys kids. Plays the drums. Our mutual friends may also share. You're a non-superficial SF; 30+. We advertisers agree. Good sense, beautiful. You'll welcome. I'll have none of that. Those men in your life rubs your feet. I'll protect you. Love you.

A little beauty. If you want to be a boss, don't cut off any the women or the men to be attracted to me for your old clothes new life. Shop around. And enjoy a good time with my wardrobe. I'm in good shape, mostly pastel linen for summer. Looking for an old clothes new life. The very same. I'll be changing to it.

Seeking Single, Married, Straight, Bi Individuals to learn more about Emergency Contraception Pills (ECP), effective at preventing pregnancy when used within 72 hours of unprotected sex. Don't wait for an emergency; keep an ECP kit (prescription necessary) on hand. Call us at Planned Parenthood.

971-800-230-PLAN.
Brunswick area. I desire an articulate female, busy, educated, busy, creative, would like to share wind, laughter, passion, and quiet times at home. Not into bar scene. phony, feminine, must have it all. If I 35090 Switzerland, youthful, be 99.44. If I'm 36 CASCO BAY WEEKLY

Here for as little time as possible. Seek someone similar. I'm professional, I'm everything you're looking for. An N CLASSY Catch: I saw you at the PO. AN

If you're an RN, LPN, CNA or PLA and like the sound of:

- A beauty plan for you
don't have to accept a challenge

You: petite, 5'8, brown, brown, 135 lbs, Into manicures, contact...

Seeking friend who likes the same and can share wind, laughter, passion, and quiet times at home. No sourpusses, please. If I'm 37 I want someone who shares my passion, humor, personal growth. No sourpusses, please.

Seeking friend who likes the same and can share wind, laughter, passion, and quiet times at home. No sourpusses, please. I'm everything you're looking for. AN N CLASSY Catch: I saw you at the PO. AN

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HELP WANTED

A RARE OPPORTUNITY

If you are a fun, positive individual who enjoys working with people, you might be interested in this opportunity. We are looking for a Full Time Position in a new, growing company that offers a great environment and competitive benefits.

- Opportunity to work in a variety of roles
- Competitive compensation package
- Comprehensive benefits package
- Growth opportunities

Please send your resume to:
[Contact Information]

CLASSIFIED SALES PROFESSIONAL

Casco Bay Weekly is looking for an experienced sales professional to sell classified and display advertising. You will be responsible for developing new business and maintaining existing accounts. This position offers a competitive salary and excellent benefits.

- Experience in sales and advertising preferred
- Strong communication and interpersonal skills
- Ability to work independently

Send your resume to:
[Contact Information]

FINANCIAL

MBNA New England is seeking candidates for a variety of positions. We are looking for people who are committed to quality service and have a strong desire to help others.

- Experience in the financial services industry preferred
- Excellent interpersonal and communication skills
- Ability to work in a team environment

Send your resume to:
[Contact Information]

THREE BRANCHES LUMBER

We are seeking a self-motivated, personable individual to join our team as a Sales Representative. This position offers a competitive salary and comprehensive benefits.

- Experience in sales and customer service preferred
- Strong communication and interpersonal skills
- Ability to work in a team environment

Send your resume to:
[Contact Information]

PROGRESSIVE BENEFITS

We are seeking a Full Time Position in a progressive company that offers a comprehensive benefits package. This position offers a competitive salary and growth opportunities.

- Experience in the benefits industry preferred
- Strong communication and interpersonal skills
- Ability to work in a team environment

Send your resume to:
[Contact Information]

BULLETIN BOARD

BUSINESS OPPORTUNITIES

If you are interested in exploring new business opportunities, we have a variety of listings available.

- Business opportunities in a range of industries
- Comprehensive information on each opportunity

Check out our advice column on page...

35
"Driving record got a few dents and dings? Give me a call!"

"Being in good hands is the only place to be."

The $99 Basic Summer Special Membership. For Fitness That's Far From Basic.

The only thing that's basic about our three month summer special membership is the price. At only $99, it's a basic value. What makes it a great deal is our included use of the area's finest fitness and recreation club. No restrictions and no strings. Enjoy our

- Yoga
- Spinning Classes
- Kickboxing
- Over 30 group fitness classes

Visit us today and discover that our basic summer special membership at $99 is the only thing about us that's basic.

Portland's Best Fitness Value
One City Center • Portland
(207) 772-5444
The $99 Basic Summer Special Membership.
For Fitness That’s Far From Basic.

The only thing that’s basic about our three month massive special membership is the price. At only $99, it’s a steal. When you make the good choice and enter into the world of fitness and nutrition club. It’s an investment and a lifestyle. Our membership includes:
- Swimming Classes
- Yoga Classes
- Over 30 group fitness classes

Visit us today and discover that our basic summer special membership is the only thing choice in the world.

The $99 Basic Summer Special Membership for Fitness That's Far From Basic:
The only thing that's basic about our three month special is the price. At only $99, it's a bargain! It includes a great value in full unrestricted use of the area and amenities and attentive service that really makes you feel special. It includes access to all fitness classes, spa treatments, and recreational activities. Plus, you get a personal trainer and access to our professional masseuses and masseuses who can help you achieve your fitness goals. So don't wait, call us today and discover that our basic membership is far from basic! For more information, please call 799-7224.
Driving record got a few dents and dings? Give me a call.

"Driving record got a few dents and dings? Give me a call."
The $99 Basic Sum Special Membership For Fitness That Far From Basic

The only thing that's basic about our membership is the price. At only $99, it's the best buy in town! Our 25,000 square foot, completely equipped and air-conditioned club is more than just a gym. With over 30 group fitness classes, our instructors are some of the best in the business. Visit us today and discover that our service is second to none.

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In good hands is the only place to be.
"Driving record got a few dents and dings? Give me a call!"

The only thing that's basic about our amenities and attentive service that really makes it a great one is full, unilluminated use of the complete facility, along with the professional and recreation club. No restrictions and no limitations. It's a full service market, with over 30 group fitness classes, including Yoga, Spinning Classes, Kickboxing, and more.

Special Memberships are available for discounted rates. Visit us today and discover that Portland's Best Fitness Value is the only thing that's basic about us. The $99 Basic Sun membership is full, unilluminated use of the complete facility, along with the professional and recreation club. No restrictions and no limitations. It's a full service market, with over 30 group fitness classes, including Yoga, Spinning Classes, Kickboxing, and more.

In good hands is the only place to be... The $99 Basic Sun membership is full, unilluminated use of the complete facility, along with the professional and recreation club. No restrictions and no limitations. It's a full service market, with over 30 group fitness classes, including Yoga, Spinning Classes, Kickboxing, and more.

For Fitness Thru Summer Special, One City Center, Portland, ME, 207-772-5444, 302-8000, ext. 2023. Visit us today and discover that Portland's Best Fitness Value is the only thing that's basic about us. The $99 Basic Sun membership is full, unilluminated use of the complete facility, along with the professional and recreation club. No restrictions and no limitations. It's a full service market, with over 30 group fitness classes, including Yoga, Spinning Classes, Kickboxing, and more.

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The $99 Basic Sun Special Members For Fitness That Far From Bas

The only thing that's basic about our three month membership is the price. At only $99, it's a steal for a gym that offers a variety of classes and amenities. Our professional instructors and attentive staff really make coming to the gym enjoyable.

- Spinning Classes
- Kickboxing
- Over 30 group fitness classes

Visit our website and discover the summer special membership - the only thing basic is its price.

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207-87&6 700

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\[\text{Being In good hands Is the only place to be.}\]

\[\text{The only thing that's basic about our thre~}\]
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\[\text{• Spinning Classes}\]
\[\text{• Kickboxing}\]
\[\text{• Over 30 group fitness classes}\]

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\[\text{summer special membership at $99}\]

\[\text{To Portland's Best Fitness Value}\]
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\[\text{So much}\]
\[\text{ItalIa}\]

\[\text{Pizza}\]

\[\text{Authentic Stone Oven Pizza from Old Napoli}\]

\[\text{150 Fore St .}\]
\[\text{Portland. 761-0751}\]

\[\text{simply the best!}\]

\[\text{• Thick Hard Cut Sirloins}\]
\[\text{• Roasr Prime Ribs}\]
\[\text{• Delicious Lobster}\]
\[\text{• Tender Giant Shrimp}\]
\[\text{and much, much more ...}\]

\[\text{Free Parking. Open 7 Days' Children's Menu}\]

\[\text{Entertainment/Dancing Fri}\]
\[\text{& Sat· Large ,Banquet Facility}\]

\[\text{1140 Brighton Ave. Portland 774-4551}\]

\[\text{Every satellite channel you could ask}\]
\[\text{for on 3 big and 4 almost as big TV's!}\]
\[\text{South Park & The X·Ales shown religiously!}\]

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\[\text{2 Pool Tables, Fooseball & Air Hockey!}\]

\[\text{OPEN 7 DAYS A WEEK!}\]

\[\text{1019 x 1019}\]

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60 REASONS TO DISCOVER PORTLAND’S AFFORDABLE “TAVERN ON THE GREEN”

ACROSS:
- Ale, Barbeque, Beer, Bocce
- Candles, Chili, Cookies
- Com, Crackin’ Fire, Fun, Pasta, Salad, Seafood
- Soda, Stars, & Swans

ACROSS BACKWARDS:
- Crab, Murals, & Oaks

DIAGONALS:
- Burntto, Brunch, Cake, Quesadillas, Skates, Soup, & Sun

VERTICALS:
- Burgers, Blues, Chicken, Coffee, Eggs, Fish, Fries, Hot Dog, Ice, Ice Cream, Juice, Uke, Music, Lobster, Milkshakes, Muffin, Outdoor Cafe, Paddle boats, Romance, Rose garden, Salsa, Tea, Tennis, Thai, & Wine

VERTICAL BACKWARDS:
- Bagels, Baseball, Clams, Ducks, Omelettes, Pancakes, Quiche, Reggae, Rollups, & Salmon

The $99 Basic Special Membership
For Fitness Far From Home

The only thing that’s basic about membership is the price. At $99 it’s a great one for a full, world-class recreation club. We cover it all: complete facilities, along with all the amenities and attentive service.

Three Months. Only $99

Visit us today at our summer special. It’s the only thing about us that’s basic.

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Serving Lunch & Dinner (Mon-Sat) Brunch (Sat & Sun)