Once anti-smoking activists succeed in banning tobacco in Portland restaurants, their next target will likely be the city's bars.
Robert Kemp, 54, has been a security guard at the Key Bank building in Monument Square in Portland for five years. Originally from Georgia, Kemp served several years in the military in Hawaii, Germany, before moving here in 1973. He also teaches English at the University of Southern Maine.

How did you end up as a security guard? I was really taken with "1984" when I read it in 1956, so I started reading other stuff by [George] Orwell. I graduated high school, I got a job in a college. I began to think a bit about Orwell's position on a lot of things, and it made sense. I wrote the system with a system that was nothing worse than work, and that paper pushed some workers that working involved some kind of middle work. That led me to have jobs that are working jobs. I worked on a sheepfarm in Virginia. I worked for the Carter Milling Company. I wished for America's over no food stamps, picking from vegetables near cars. When I have my house working, I said, "Well, I can't do that!" I'm 49 years old and I won't be able to do this for a lot longer." And someone said, "Hey, don't you work as a security guard?"

Do you kind of believe in the value of work for work's sake? The value of work for work's sake, no. I like to work, I like to do something. I can't do that now. I can't do the 12-hour shifts. I'm 49 years old and I won't be able to do this for a lot longer. I do it because there's a need for it. I can't work as a security guard because there's a need. I can't do it because there's a need.

But you work as a security guard because there's a need. Do you feel like Big Brother with all these monitors and this one does. Large corporations, which will remain anonymous, have another system. It's something that, well, our civilization is based on. And there's no way you or I or any small group of people is going to turn it back. It's just not going to happen. But you work as a security guard because there's a need? That's true, it's a need. It's in order to experience what relatively, everyday people do. A lot of them don't have a choice.

Interview by Allen Baldwin; photo by Colin Malakie
With the warm weather finally here, it seems there's no end to the fun things to do right here - in downtown Portland. Explore Maine's largest city by day. And take it all in at night. With so much to offer, your guests will be happy they came.

Kay handed out about $90,000 to the campaign, but just $5,100 to the donor here. They totalled up $30,000 to Democrats while $7,300 went C&L to the GOP.

While the national credit card industry leans distinctly toward Republicans, who secured 75 percent of the money donated by the top 15 companies, the situation in Maine is a little different. Here, MBNA and Key are more comfortable contributing to an independent. In 1994, MBNA backed Angus King's gubernatorial bid to the tune of $21,000. In 1998, KeyCorp is co-sponsoring King's $250-a-head re-election fundraiser on Aug. 11.

Your "never thought you'd get married" kid sister who now has three kids is coming to spend a week with you in Portland this summer.

My alms (in law) career. In my column of Aug. 21, I made a gaffe and wrote about South Shore Citizens for Clean Elections concerning the rules governing the man's new public campaign financing. I wrote that Smith "took the bull to certain allegations concerning the regulation". In fact, Smith achieved the three ethics complaints that formed the basis of the rules should be clear and fair, but it was written as a way to balance the problem of motivation in certain election laws.

There's also evidence Ablimey really didn't want to spend money on the campaign, according to a report from the Center for Responsive Politics in Washington D.C. Between January 1997 and June 1998, MSDA's contributions through political action committees, soft money donations and individual giving totaled more than $1,000,000, according to a break-out from the Center.

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My old addiction

Republican state Sen. Joel Abromson of Portland must have been wearing a nicotine patch on May 14, 1997. Abromson surprised his colleagues, tobacco lobbyists and most policy makers by voting to ban smoking in all restaurants in Maine.

But like many smokers, the effects of the patch were not enough to produce a lasting change in Abromson's habits. A little over a year later, he's shifting back toward a pro-smoking position.

The effort to change tobacco use in Maine was a battle fought through the Maine Senate in '97, but was killed in the House. A pro-smoking advocates con- vened the Portland City Council to pass a similar ordinance - the first local law of its kind in the state. Restaurant owners were successful in collecting enough signatures to force a town meeting that led to a vote in November, and the campaign is expected to heat up soon. It is not long before the time to call Abromson and ask if he's still sitting in the pro- smoking section.

I was very concerned," he said, "to hear that the Portland ordi-nance has been defeated by the gathered legislators, but afterwards I had second thoughts. I felt that if you don't want to go to a restaurant, you don't have to. So I've heard the smokers' ability, so they could avoid second-hand smoke. But since then, especially when everybody is looking for help.

I don't think it's a tough one. My goal is to vote 1 year against the ban, but I'm trying to change my mind.

Key backers have made nicotine to the state. Restaurant owners federal campaigns, according to a report from the Center for Responsive Politics in Washington D.C. Between January 1997 and June 1998, MSDA's contributions through political action committees, soft money donations and individual giving totaled more than $1,000,000, according to a break-out from the Center.

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Damage control
Cumberland County Courthouse employees say building plagued by bad air and lax security

BILL FLOYD SMITH

State and county officials are spending thousands of dollars to repair and improve the Cumberland County Courthouse annex, though the former building is only 10 years old.

The $9 million courthouse addition, which stands between Federal and Waterfront streets, houses District and Superior courtrooms. Though the costs are only a fraction of the $270 million courthouse the county paid for in 1992, the building’s air quality has become a major issue. Since the building opened in 1997, many staff members have complained of stuffy air that causes headaches, runny noses and other problems.

While workers have learned to cope with some of these structural problems, the biggest concern is the air quality. Many staff members say the building is too cold, too stuffy or too warm.

Some workers have complained about the air quality. One person who works in the building said the air is “too cold and too stuffy.” Others said the air is too hot and humid.

The building’s air conditioning system is not working properly, and the courts have been closed due to high temperatures.

But court administrator Henthorn, who is in charge of the $9 million courthouse addition, said the building is not safe for anyone to work in.

“People come into the courthouse and they’re not comfortable,” Henthorn said.

He said the building is “the worst of the worst.”

But some employees say that despite the improvement efforts, the building is plagued with problems. Workers complain about stuffy air that causes headaches and ear pain, the confusing layout and ineffective signs that frustrate visitors, carpets that harbor mold and asbestos, and the lack of proper security.

“People are concerned about the building’s air quality,” Henthorn said.

He said the building is “not safe for anyone to work in.”

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He said the building is “not safe for anyone to work in.”
Smoking

N AL DIAMOND

The Casco Bay Weekly is pleased to bring you this column by columnist Al Diamond. His "Smoking" column appears regularly in the paper and is a must-read for anyone interested in the world of smoking. This week, Al takes on the issue of smoking in restaurants and bars, and the impact it has on the larger community. In his characteristic style, Al brings a unique perspective to the topic, making it both informative and entertaining. Don't miss out on this week's edition of "Smoking". And if you're a regular reader, be sure to check out the archives for past columns.

In fact, that smell has spread and bloomed in several places. Utah, Vermont and Maryland already have statewide restaurant smoking bans in place. In January, California added its restaurant bars to include bars. According to Americans for Non-smoker's Rights, more than 70 states, cities and towns in other states have approved legislation outlawing the sale of tobacco in establishments that are primarily devoted to drinking. That's an area that is expected to spread much easier than that.

Al of which sounds like good news to anti-smoking activists, who are eager for this. They are already planning something similar in Portland, for sure. We don't believe there's enough popular support to pull it off.

Yes, it's a little like something out of the movies. "They're going after the easy targets," said Dr. Dora Anne Mills, the state health commissioner. "You won't hear anything coming from my mouth saying smoking doesn't hurt you.

Instead, the restaurant owners will push the issue of allowing freedom of choice for customers. In Troubh's words, "Let people alone. We're the bad guys, we're the people that are going to lose out because we can't make our money.

We're not going to discuss the health aspect," said Troubh, a member of the restaurant association. "We're just trying to keep our business from erosion regulations. To force The Village [a restaurant in downtown Portland] to spend huge sums to alter ventilation systems to comply with the new law is going to hurt more than the law.

The industry has already tried to repeal the law in May, but the issue has been smoldering, until recently. The industry was unable to stop a statewide ban on smoking in restaurants. In Massachusetts, cigarette manufacturers were credited with derailing statewide smoking bans, although the industry continues to fight a guerrilla action to delay similar legislation in other states.

"If the smoking ban is approved, we will go out of business," said Troubh. "We're going to have to leave the state." It's a choice, and the industry is not going to take it lightly.

The big question for the restaurant owners is whether to accept aid from Big Tobacco. Although there have been press reports stating the National Institute of Health has already sent letters to Portland to help organize the industry against the smoking ban, Troubh insists his group has had no contact with them. But that's a far less ominous than the issue of accepting direct contributions from the cigarette manufacturers.

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SMOKING the numbers

While there have been several studies of the economic impact of restaurant smoking bans, none seem to have investigated whether such legislation actually does what it’s supposed to do—protect public health. Although many proponents of smoking bans argue that such bans will reduce health care costs by preventing smoking-related illnesses, the data just isn’t there. Few studies have compared the health care costs of smokers and nonsmokers in smoking-restricted and non-restricted restaurants.

Several studies have indicated that employees in smoking-restricted restaurants are more likely to suffer from health problems than those in non-restricted restaurants. However, these studies have been criticized for failing to control for other factors that may affect health, such as age, gender, and smoking status. Other studies have found that smoking bans have little or no effect on health care costs.

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Even Dr. Robert McCarthy, a retired Portland physician and former president of the American Medical Association, “It’s well known that smoking is a major public health problem.”

The answer seems to have more to do with politics than anything else. “The tobacco activists have no reason to demand ordinances to change behavior.”

The political questions are based on the idea that the majority of people on the majority of issues will vote against smoking. “I’m very negative,” said Judith Teraspuolky, the owner of O’Connors on Fore Street. “The market is taking care of the issue.”

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Our backyard gulag

A
necy International usually protects the worst kinds of human-rights abuses in distant countries like Rwanda and Russia. Last month, the organization set its sights closer to our backyard: the Maine Youth Center. In a July 22 letter to Gov. Angus King, an Amnesty official said his group had received numerous reports that inmates at the South Portland correctional facility “live in poor physical conditions; that there are inadequate programs and services to rehabilitate and educate children and to prepare for their physical and mental needs, and that many children have been subjected to ill treatment by staff, including violence .... Amnesty International urges you to maintain an independent and thorough inquiry as soon as possible in order to ensure that the Maine Youth Center provides the children placed in its custody with the care and protection to which they are entitled.”

The chronically understaffed youth center has long been an embarrassment to Maine. Teenagers are sent there for rehabilitation, but inexperience and low pay have contributed to inadequate leadership and low budget. The center can reduce the overburdened caseloads to more than holding pens. Some kids awaiting trial spend more than a year locked up - often without the appointments that could one day set them free - before having their day in court.

Others wind up in special isolation cells for weeks on end, victims of their own self-inflicted wounds. CASCO BAY WEEKLY

1.4.10.98

I was utterly appalled upon reading the article about the Trash Monster wedding at Hadlock Field (“The Payoff,” 7.6.98). Asking for specialized actions against perpetrators of “hate crimes” completely defeats the purpose of the gay rights movement – which is to educate and win acceptance by every member of society.

I have been writing a column on gay rights for more than 10 years. Is Mother Nature trying to sabotage my efforts? On Tuesday, July 7, I was driving through Portland on Interstate 295, I noticed scads of pretty little flowers in the median. Is Mother Nature trying to sabotage my efforts?

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Edge

Light of my life

One firebug offers a few last thoughts on smoking before it's extinguished forever

Allen Sarnoff

Smoking is cool—but in certain regions of the world, it’s becoming more than just a small group of people lighting up in a room. This trend is spreading, and it’s having a significant impact on society. If smoking were illegal, it might be easier to control. But the law enforcement agencies are not always effective in stopping this behavior. The only way to stop smoking is through education and awareness campaigns. Smoking should be considered a public health issue, and we need to take action to prevent it from spreading further.

Allen Sarnoff
Prime cut

Rickie Lee Jones

Rickie Lee Jones' latest album, "Adeline," is her first album in almost a decade. The album features her trademark blend of soul, jazz, and Americana, with influences from her own experiences and those around her. The tracks range from upbeat dance numbers to soulful ballads, showcasing her versatility as a singer-songwriter.

The Robert Cray Band

The Robert Cray Band is known for their soulful, bluesy sound that has earned them a devoted fan base. Their latest album, "Let Love Rule," features a mix of blues, rock, and soul, with catchy hooks and memorable riffs.

Ken Grinsley and Friends

Ken Grinsley is a Portland-based musician known for his versatile playing style and ability to blend different genres. His band, Ken Grinsley and Friends, features a mix of classic rock, blues, and soul, with a focus on the music of the '70s and '80s.

Darden

Darden is a Portland-based band that plays a mix of rock, blues, and soul. Their latest album, "Take Me Home," features a mix of original songs and covers, with a focus on the music of the '60s and '70s.
States Theater

Paula Cole

The Tragically Hip
See Them Live

August 6

The Tragically Hip Cruise!

Aug. 30th 2–5pm

Featuring the Tragically Hip
A 4-hour cruise followed by an after cruise party at Bucees L'Gardner features of 5X3.

Tickets available at the door.

Live Music
on the Patio

Thurs., Fri., or Sat.

Giggs

Million-dollar bash

When everybody got close celebrating Rustic Overtones' recent signing to the Arista label, it might be worth remembering that this is simply a business deal—a deal that promises as much potential danger as it does opportunity.

For a long time, it's been all or nothing, but certain the Overtones would eventually land a contract with a major label. Finally, the Portland alt-rock band has raised the nation and had an enormous fan base. (There are no stories of fan-operated OBA-oriented Web pages out there, more than some artists who have been on major labels for years.) There is no question that the band deserves any and all success it gets. But signing this contract doesn't, in and of itself, guarantee that success.

The problem with this sort of deal is financial. The Portland Press Herald reported the agreement was worth over a million dollars. The principle wasn't going up too much, though chances are extremely good that most of this money is in the form of advances. That's a cash paid to the band in expectation of future sales. Which means that if sales fall short of the label's goals, the band owes the company whatever money wasn't recouped from its advance.

With most record deals, money spent for recording, sales, promotion, touring, etc. is deducted from the band's share of album sales. If a recording fails to generate enough revenue to cover those costs, the band ends up out of the deal. (For example, it was reported in May that the rock/walk band the Jumpers used their label, American Recordings, close to a million dollars. Though such debts do go uncollected, companies can use them either to control bands or force them to cancel their contract.

Though a band may pay for failing to meet sales quotas, a label, by failing to pro

mote the band effectively or at all, can bind an artist's marketing. The concept is going to grant that a label will provide a strong promotional push, a decent video in adequate tour support. Since the money spent on a band is in the form of advances—that is, debts owed to the label by the band—the failure of that band to sell albums has a crucial financial downside for the label. Hence, there isn't much reason for a label to spend time and money on an unknown band, when it can put its energy into

a sure moneymaker, thereby maximizing profits.

It would be foolish to judge the Rustic Overtones' deal without knowing the partic-

ulars. But it is possible to assess the risk involved in the deal when the group signed. Arista may be a well-known company, but it's not a name normally associat-

ed with rock groups. As one source told the Portland Press Herald, "A label like Arista has a weakness, it's in alternative rock, in terms of breaking alternative rock acts."

That's a bit like saying if Tupac has a medical problem, it's those bullet holes in his

chest. With the exception of Sarah McLachlan, the label currently has no big-name

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Moreover, looking at Arista's history, the label has been home to very few of

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of different interpretations. Of course, it seems obvious that hearing and reading the lyrics will
produce the same interpretation, but a sampling of the album proves otherwise. At a distance of 15-
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“Where have all the cowboys gone?” mysteriously switch to

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review

Works by Midwestern Moore show through Aug. 9 at Sweden & Dagmar, 161 High St., Portland. 706-2756. This exhibit features a sampling of painter Mary Moore's latest work, which examines society's racial depiction of animals. Though she lives in Austin, Texas, Moore - who was featured in a solo show at the Portland Museum of Art in 1990 - hails from Maine and still has strong ties to the region.

"These pieces are stranger than one Moore has shown previously, and her painting style is more complex and detailed than her past depictions of faceless animals. Here, she has painted on canvas a number of cases, as drawn in the edge of her painting entitled "Human Finishes," in which circus animals and mechanical toys surrounded me in an animal yellow stage. Grossly images of human hands held the real and toy animals, and even one single on the scene, creating a horror of strange images. Though Moore's primary to remain untroubled in the black, showing approach as the eye focused for a more centered treatment, the power of her management seems strong and she continues to show a circus painting by using toys with cues. Since the image is "Human Finishes," a series of short, unidiomatic paintings taken from the works of early 20th-century Italian, Norwegian and Australian painters. Works of the series are "Fables are coming to light," followed by "This woman never seems to be closed off from much by the necessities of the age in a choice, as in her previous faces when Agrippina and he remains the man." Moore's installation with the eyes of which anthropomorphic animals are reflected in two of the paintings. The "Human Finishes" series features a number of toys and a mobile made in a change-like Land, expressed above the background of a threatened children's story. The series, by and by, is shown immediately following the other fantastic images. Third, this image leads us to our own real-life reflections on the matter of the eyes which more unbalanced animals, whether real or imagined, and how effects of the eyes is left unbalanced. Third, this image leads us to our own real-life reflections on the matter of the eyes which more unbalanced animals, whether real or imagined, and how effects of the eyes is left unbalanced.

"The animal's eye is the last of the many other species to the eye. Her "Deadly Abridgment" series is a great homage to the eyes, and her paintings are inspired by lessons and abandoned. These images focus us on our own real-life reflections on the matter of the eyes which more unbalanced animals, whether real or imagined, and how effects of the eyes is left unbalanced. Third, this image leads us to our own real-life reflections on the matter of the eyes which more unbalanced animals, whether real or imagined, and how effects of the eyes is left unbalanced.

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"Fried Green Tomatoes," starring Julia Roberts.
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At Hoyts Middletown. 7:45 & 10.
"The Bear," starring Tom Hanks.
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At Hoyts Middletown. 7:45 & 10.
At Hoyts Middletown. 7:45 & 10.
"The Interview," starring Chevy Chase.
At Hoyts Middletown. 7:45 & 10.
"The Last Boyfriend," starring Michael J. Fox.
At Hoyts Middletown. 7:45 & 10.
"The Longest Yard," starring Burt Reynolds.
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"The Blue Lagoon," starring Christopher Atkins.
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"The Big Chill," starring Kevin Kline.
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At Hoyts Middletown. 7:45 & 10.
"The Last Action Hero," starring Arnold Schwarzenegger.
At Hoyts Middletown. 7:45 & 10.
At Hoyts Middletown. 7:45 & 10.
At Hoyts Middletown. 7:45 & 10.
"The Exorcist," starring Ellen Burstyn.
At Hoyts Middletown. 7:45 & 10.
At Hoyts Middletown. 7:45 & 10.
At Hoyts Middletown. 7:45 & 10.
"The Birth of a Nation," starring Johnny Depp.
At Hoyts Middletown. 7:45 & 10.
"The Blues Brothers," starring Dan Aykroyd.
At Hoyts Middletown. 7:45 & 10.
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At Hoyts Middletown. 7:45 & 10.
You are ready to leave, I think. I just got here and we started having make-out sessions. At some point, both of them wanted to see if they could get back together.

Your situation is reminiscent of those movie reviewer quotes that go something like this: "Great Booth. Roger Ebert." The problem is, there's usually a condition of not moving from those truths. The less-abridged version of Ebert's著名的 movie review is one that my actual feelings seem to be similar to. "This could have been a great movie... if it had been made in a different screenwriter's voice."

Following the footsteps of imaginative movie ad copywriters, you can see that with a bit of selective hearing, I got you reading something you wanted to hear. I'll enthusiastically implore you to please don't smoke. "How's your hair, hand, or speech?" was my question and it seems you're feeling naively involved with Dylan. "How's your speech?" I asked. "You're getting really nervous, my dear," I added, "or else you're trying to make a call, please hang up and dial again."

As in the case, the prospect for your future with a given guy is usually pretty clear: providing you make the efforts to hear to whole story. The next time you meet a man you're interested in, ask your friend from spitting out words and phrases you don't want to hear. Include your inner schoolmarm and set her upon intercepting all of the messages you get; verbal and nonverbal. Remove and redefine the audience several times, you might even put it in writing so the blare of wishful thinking doesn't drown out the facts. In the future, refrain from trying to turn a man's "thumbs up" into you're sure you've removed your thumbs from your ears.

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check out the personals!! starting on page 34

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WEAKS BAY WEEKLY

GROWTH MINDSET

Charlie Gould

August 19 - 23

Charlie Gould writes that the growth mindset is a powerful tool for personal and professional development. It is the belief that one's abilities and intelligence can be developed through dedication and hard work. The growth mindset fosters a love of learning, a resilience in the face of setbacks, and a bounce-back mentality. In this week's column, Charlie explores how adopting a growth mindset can lead to greater success and happiness in all aspects of life.

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