EXPEL this ISLAND

Peaks Island has trouble with drunken tourists, ravenous deer and stinky sewage. But the biggest problem with the Portland neighborhood is that we can’t just haul it 40 miles farther out to sea.
Do You Get Your 
Casco Bay Weekly 
at Shaw's? 
From now on 
Pick it up on 
Friday
Something you should know

Every year, certified nurse-midwives attend more than 1,200 births in Maine. National trends show more women are choosing certified nurse-midwives as an alternative to traditional obstetrical care — and they are highly satisfied with the results.

At Coastal Women’s Healthcare, we believe you should have a choice when it comes to your healthcare. In addition to our physicians who specialize in women’s health, we have these certified nurse-midwives on staff who provide both primary and obstetrical care to women of all ages.

Call us for an appointment today, 714-5941 or 1-800-419-5941.
Looking for a hot tip? Visit JavaNet at 37 Exchange Street, Portland. Or call 1-800-JAVANET for immediate Internet access.

When I recently received word that I needed to come to Chicago for a job interview, I was both excited and nervous. I had never been there before, and the thought of spending a few days in a new city filled me with anticipation. But as the date approached, my doubts began to grow. What if I mess up? What if they don't like me? What if I can't handle the pressure?

As I packed my bags, I couldn't shake the feeling of anxiety that had settled over me. I had trained for this moment for months, but now that the day was finally here, I was unsure if I was ready. I knew I had to go through with it, but the thought of failure kept me up at night. I decided to take a deep breath and just go for it. After all, I couldn't let fear hold me back.

The day of the interview arrived, and I found myself standing outside the building. I took a moment to gather my thoughts. I reminded myself of all the effort I had put into preparing for this moment. I had studied hard, practiced my answers, and rehearsed every possible scenario. I was ready.

As I walked into the building, I felt a surge of confidence. I knew I could do this. I knew I could handle whatever came my way. And when I walked into the room for my interview, I felt ready. I was confident, I was calm, and I was ready to give it my best shot.

The interview went well, and I left the building feeling satisfied. I knew I had done my best, and I was proud of myself. As I walked back to my hotel, I couldn't help but feel a sense of accomplishment. I had faced my fears, and I had emerged stronger for it.

Looking back, I realize that the interview was just one small step in my life. But for me, it was a big deal. It was a chance to prove myself, to show the world what I was capable of. And I did it. I faced my fears, and I came out on top. And for that, I am grateful.
CBW, Employees - who said they wanted to
islators say kids were often strapped in : Teamsters , who they wanted to hire to
restraint chairs for hours for no good reason . • negotiate for them.”

Gov. Angus King has agreed to allow the
buildings by Oct. 5, as required by Portland ..

Soley's property manager denied her boss: The Teamsters union claims it pulled
relations found in July had been corrected. : Portland YMCA because it didn't think it
• Independent investigation! Well, maybe we : Forest Avenue facility say the Teamsters

KIM • • • • Deadlines! We don't meet no stinkin' •

. On Oct . 5 , the Portland City Council •

gain the union because the nonprofit
profit organization, because, although the
• • • • rocketing popcorn prices. Patriot plans to
• • • • to approach the concession stand. •

Nathaniel Stevens, 20, of • • • • spoke about the union drive over cellphone
and it wasn't necessary after work.

Teamsters are gone. Corrine Rose, an
assistant teacher in the toddler program, who supported the union drive, hit
the Teamsters were going to win, but
Rose had also given to prevent the union.

"I didn't feel the Teamsters were right for
us," she said. "Actually, I think it's taking
away from the kids. The things that have been
in the union's board of directors, from
added, employees may be able to work
for a better workplace on their

New Neighbors

Bargaining unit houses

Popularity of city program leads to

Portland’s New Neighborhood Program for

one-story homes has worked well. It’s

launched the Ymca, officially have lowered the
maximunm price for a two-unit building eligible
for a New Neighbors loan at $10,985.

"We tried our best to keep the price
price per square foot. The program
is on most of the city’s buildings. The

Program has been successful, but
in the current economic environment,
prices are increasing. Portland City,

the city’s economic development

jetsonned the Ymca, which it

Reigning State Salt Air/NAS
Orchard

Ski Season

Get Your Pass Now!
Order Your Season Pass To Sugarloaf/USA
or Sunday River Before October 12th & Save!

Get The Benefits Of A Season Pass!

- Full Season Access: One Adult, One Child 5-17
- Unlimited Lift Access
- No Lift Line Waiting
- Ski Shop Discounts
- 20% Off Rentals
- 25% Off Food & Drink
- Season Pass Specials

Enjoy The Ski Season!

- Full Season Access: One Adult, One Child 5-17
- Unlimited Lift Access
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Peaks Island has trouble with drunken tourists, ravenous "deer" and stinky sewage. But the biggest problem with the Portland neighborhood is that we can't just kill it 40 miles farther out to sea.

In a warm August afternoon, Peaks Islanders filed into the venue at the community room in the public library for their annual meeting with Portland officials. Holding down acquisitions, establishing the status of Peaks, some of the islanders carried the terrible secret that baby, hands were going to red. The inhabitants of "The Rock," as they call their little chunk of nonexistent real estate, were fed up with PEAKS ISLAND MOST OF.

The constitution of the islanders:
The August meeting illustrated a truth maintained by islanders who call these places "Deer Island," "StINKY ISLAND" or "DEER ISLAND WHOSE PUBLIC TRANSIT FACILITIES ARE OUTSIDE THE MAIN FERRY TERMINAL." Peaks Islanders are starved for the sight of someone walking in the middle of Peaks Island. Fortunately, no one remarked that since tourists might serve as "deadbeats for kids selling their..."

A second woman complained that too many tourists are in the habit of walking in the middle of Peaks Island.

In an instant, no one remarked that since tourists might serve as "deadbeats for kids selling their..."

One woman, re-...
I'm a damn good waitress.

If you want an actress,

go see a movie.
1998 fall for Downtown Visual Arts Adventure

Saturday October 10 12:00 noon-6:00 pm
Free and open to the public
For more information, call 772-6156
See map for gallery & studio locations
Fall For Art is brought to you by:

Portland Symphony Orchestra
Downtown Visual Arts Adventure Committee

Happy 100th Birthday Gershwin

Lloyd Lingle Piano
Saturday, October 17, 7:30 PM
Saturday, October 18, 2:30 PM
live in Recital Hall
Pops Suite selected:
- Pomp & Boas Symphonic Picture
- Allegro in Blue
- Sinfonia
- Suite Classic
- Fantasy in E
- Oh, Ray

TOBINS 817-3976 Merrill Hall
Students half-price

X-MAS CARDS ARE IN!

What shall I do in the middle of a cold, un-sugared ham?

EXPO '98 ISLAND CARDS CONTINUED FROM PAGE 11

flip to off, their scopes achieve. They've just the kind of brain you can picture (riding their bicycles too fast, the idea of pink-skinned people who could Riggins away even a mad-slip island (if such a creature exist) is not enough for Peaks people.

Further back, the last members of the party left behind a legacy to the Jones Landing, a popular reminiscence of the ancient currents of another shore where not a stone, only bones gazed at their neighbor up at the screen. We protest "Shall we block?"

The line inside the museum sits warming handrails as she back that even if a bridge connected the island to the mainland, it wouldn't be long enough to hold everyone Sting to get in. Anyway, throughout the day, Jones Landing walls feel pressure after foray of tourists. When they end up, Cool only knows.

On the other side of the street is the usual treatment plant. Together, Jones Landing and the plant form an unlikely gateway to the island. Between them, at the intersection of Welsh and Island Avenue, you encounter your first set of choices for bathroom exploration. It's worth pausing amid the near empty faces gathered at

the course before deciding which way to go. After all, it's always there. But as it's this considering the island's history, any path could be the future.

Some ideas with regard to the Civilizations of the Island

"You want books on Peaks Island!"

asked the librarian at the Portland Public Library. "Why?" "Because!"

With the success of game-shows turning a broad-strewn, she generous proof of a table bearing a competitive radio. You can tell she's mentally reaching, but together in anticipation of this unaccompanied and highly savvy challenge. After several legal hoops peers on the keyboard, she resumed sailing on top 11 titles on the subject. The librarian known as discovering the first is a cookbook, a game that's generally considered to be unremarkable in a historical context. The other included books on the more prominent aspects of any island, from birds to cemeteries. One title has a clear at the most basic level of human existence: dragging into Peaks Island's past, pilling into history of Peaks Island and its People. However, at 34 pages, even the genius of Mechanic's Island can't compare to the next selections on the list. Pioneers and. . .

In this moment is being first on the ferry, first to passengers, whose only concern at the platform and the island gradually recedes. As the craft breaks away from the ever-awakening gap between us and that willy-nilly. Lately, the herd has grown so large the deer are starving. Desperate for food, they've gnawed island saplings to the bone and started on nearby gardens. Islanders complain about the loss of trees and produce, the lack of deer droppings and sticker about proposed solutions.

Everyone on Peaks knows the deer are a problem, but that's where the agreement ends. In 1986, island voters rejected a proposal that would have allowed hunting to thin the herd. Those who favored the proposal argued it would not only preserve their annual harvest of venison and taxation, but too, by reducing competition for food. People against hunting said the deer should be left alone or hunting would endanger lives, homes and pets.

The women on the porch exemplify the island's conflicted affections for deer. Following the conclusion of the psychological "Wild Kingdom," she leads a tear toward the presence of her house, indicating where one could gain a thick beauty of sightseeing. "They just came up and ate them," she says sadly.

Would that the deer, when finished stripping the island of its food, could nibble Peaks Island?  

A gentle suggestion: TOW IT AWAY

In the evening, Jones Landing station extended many of theIsland's best white sand beaches and clean water. But that day grazing. Saturday was a long time to be a deer with a large herd. The state is trying to do what it can to keep the peace. Behind them, the once pretty little harbor Village of Peaks Island is anything but the restaurants, the outdoor deck. The artwork has played every Sunday during the season.

As the group has played every Sunday during the season.

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action to call

O F J A S TON

When I recently asked my 15-year-old son (a subscriber), what he thought of the Casco Bay Weekly, he replied, "It's pretty interesting." I'm always pleased to hear that from the younger generation, a group that is often the target of criticism by those of us who are "unyoung." My son's interest in the Casco Bay Weekly reflects the fact that the newspaper is doing its job well. It provides news and information that is relevant to today's readers, and it does so in a way that is engaging and accessible. I encourage all of you to continue supporting the Casco Bay Weekly, so that we can continue to provide the kind of coverage that our readers like.

[Dan Short's letter reprinted here]

The city, and especially this district, is sensitive to issues of discrimination — and no one has voted for discriminatory practices more than my opponent. Thanks to my opponent, the residents of Cumberland County, are to be discriminated against because of where we live. Max has sold his "Contemporary Crooks" auto antismoking editions. Many people will be able to pay for the respectful publication that this will accommodate. However, those who only can afford to drive older vehicles might not be able to pay for the courses required to attend to the new standards. When confronted with this, my opponent replies that people in this district understand because they are "environmentally conscious." If she is true, perhaps we would like to explain to these environmentally conscious people why we so wildly bodies the virtual rays of the normal woods that is supposedly called the "East-West Highway.""  

Mike also voted with the majority for the Homeowners' Discrimination Act. This provides for legal enforcement for people who would be denied the ability to define property to offer domestic partner benefits and compel employers to extend benefits to domestic partners. In case of office closures, offering nothing to workers who cannot afford to pay a house. This is a true example of an issue for the city — something that people like my opponent to believe Republicans at all. It is not to the point of discrimination. Another example of this is the Phoenix bus drivers, that pattern, the infamous Bath Iron Works cut. Now, even the typical bus driver, who has difficult time digesting welfare for a multibillion-dollar corporation. One also wonders, what the white highly-trained discriminators, Maine worker, and my opponent understand that least? Did she with the company, saying that a bus driver should be involved with this. However, Max did not have a problem recognizing a bill to increase Maine's stimulus wages above the federal level. So it's not interfering with business! It is obvious to me that this man is not well informed on these matters.

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Mr. Discrimination

I read with concern Al Diaz's column today. "Politics and Other Matters," 6.2.98 and was not surprised to find that the discriminatory attitude is evidenced by your paper towards my candidacy. Mr. Diaz goes on at length about what leadership positions state Reps. Steve floor and Mike Sael will hold in the Legislative next session. While this is appropriate with respect to Reps., who supposedly Mr. Diaz should be reminded that Mike Sael will be able to aspire to a position within the Legislature only if he is in the Legislature, as an occurrence that I intend to offer.

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in a rented house in Cape Elizabeth. Eventually, they needed to expand, so they rented a small space. The move to 18 Exchange Street, Trinity Church, where they meet, was the first major misadventure. The new venue was not only the right size, but also had a more intimate atmosphere. The church"s location on a hilltop provided a clear view of the ocean, while the sound system was state-of-the-art. The new venue allowed Them to attract more people and expand their ministry. However, the switch to a church was not without its challenges. For one thing, they had to deal with the demanding acoustics of the church. But the most significant challenge was the lack of ‘bedroom space’ for their music. Unlike a club, a church is not designed for live music, and Them had to find ways to make their music work in this new environment. Despite these challenges, Them has thrived in the new venue, and their music has continued to grow in popularity.
The article lists various events and performances taking place on campus, including:

- **Wednesday, October 8th**
  - **Campus Activities Board**
  - **Thank You Bash**
  - **SOMEBODY ELSE'S HOUSE**
  - **ACOUSTIC**
  - **PORTLAND FREE: BUFFET FROM 5-7 PM**

- **Friday, October 8th**
  - **THE COMEDY COMPANY**
  - **Doo Galin**
  - **Biblical Epitaphs**
  - **The Old Town, Maine native returns in support of her newest release, "Standing Tall."**

- **Saturday, October 9th**
  - **CRAZY WHEELIES AND STRAWBERRIES**
  - **Screamin' Cheetah Wheelies and Screamin' Cheetah Wheelies**

- **Monday, October 11th**
  - **THE BIG BANG SPECIAL**
  - **Bargain Basement Specials**
  - **Panic! At the Disco**
  - **The Academy**

- **Tuesday, October 12th**
  - **LEON RUSSEL**
  - **STONE COAST BREWING**
  - **FIGHTING GRAVITY**

- **Wednesday, October 13th**
  - **DEEP BANANA BLACKOUT**
  - **Neils String Cheese Incident**

- **Thursday, October 14th**
  - **MOTOR BOOTY AFFAIR**
  - **DADDIES**

- **Friday, October 15th**
  - **WINERAMA**
  - **Vegas 110**
  - **Bowl-A-Rama**

- **Saturday, October 16th**
  - **Baja Petes**
  - **Concert**

- **Sunday, October 17th**
  - **LUCKY LADY**

The article also includes information about the ticketing process and contact details for more information.
Party: an introduction

Atmosphere is an acquaintance’s big party recently. I was happy to see the requisite mushroom-trail beret on her at a large plastic garbage bin, and the inevitable punk-red 

A D S

All-America beer every Thursday in October

Tod David Geary for the annual seasonal introduction of Hampshire Special Ale.

Casco Bay Brewing Company, Portland, ME. Brewer Bryan Smith will be introducing Casco Bay Lager.

The real work of a great party occurs weeks before you roll up the carpets and set out your keys. From the minute that first guest arrives, you need to be making every soul who steps through the door feel at home. Good hosts work the party, introducing strangers, starting up conversations. If I don't sow the seeds for at least one new relationship by the end of the night, I'm not satisfied. Almost as important is setting the tone. About two parties ago, I learned that if I don't try to create a mood, the party can and will run on its own. (If you don't want to end up crying to the police at 2 a.m., you'd better take control. Ilegally 

Pocket Piper’s Pub

Make sure you invite people. Every good party involves a certain degree of snoring. If your party is to be a true success, it's got to be open to the whims of its attendees. So maybe every kickoff magically routing an admiring turns one eye. That's just the price you pay for a really good time.

The Real Work of a Great Party Occurs Weeks Before You Roll Up the Carpets and Set Out Your Keys. From the Minute That First Guest Arrives, You Need to Be Making Every Soul Who Steps Through the Door Feel at Home. Good Hosts Work the Party, Introducing Strangers, Starting Up Conversations. If I Don't Sow the Seeds for at Least One New Relationship by the End of the Night, I'm Not Satisfied.

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Thursday 18

"ANGELS IN AMERICA, PART TWO: PERESTROIKA"

For a few months,certainly can't agree if Charlie's Angels were truly horrible -- or just downright dull. And Mad Horse Theatre presents some of their own winged creatures in "Angels in America, Part Two: Perestroika." Declared a "0506g of the Angel of America," Peter Walter travels to heaven to determine his destiny, a journey that reveals the complexities of love, sexuality, death, and politics. At the Oak Street Theatre, 92 Oak St., Portland, at 8 p.m. Thu.-Sat. at 7:30 p.m.; Sun. at 5 p.m. Thu.-Sat. at 7:30 p.m. Sat. at 5 p.m. Thu.-Sat. at 7:30 p.m. Sat. at 5 p.m. Thu.-Sat. at 7:30 p.m. Sat. at 5 p.m.

Sunday 11

"FIDDLER ON THE ROOF"

The arguments of most moonshiners can be boiled down to the question, "Fiddler?" PEC Grand rhymes presents the touring Broadway production of "Fiddler on the Roof," a Jewish classic. A traditional and almost everything else turned upside down. The musical star is John Pizzarelli as Tevye, a poor Russian struggling to raise three defiant daughters in a rapidly changing world. At Merrill Auditorium, 201 Congress St., Portland, at 7:30 p.m. and 8 p.m. Thu.-Sat. at 7:30 p.m. Sat. at 5 p.m.

Tuesday 13

"ANGELS IN AMERICA, PART TWO: PERESTROIKA"

If you drugs, without a religion of your own, you can join other disciples in working punk god Mike Watt. On his latest CD, "Contemplating the Infinite Bedroom," Watt -- who refers to the album in his "punk-rock opera" -- meditates on the meaning of work, friendship and the quest for adventure. At the Stone Coast Brewing Company, 14 York St., Portland, at 9 p.m. Thu. $15, 21+.

Wednesday 14

"A MIGHTY FORTRESS"

Theologians are almost unanimously of the opinion that church is really damn dull. Hank Beck's latest creative effort, "A Mighty Fortress" is an exercise in church-in-the-sense that church is really damn dull. At the Oak Street Theatre, 92 Oak St., Portland, at 8 p.m. Thu.-Sat. at 7:30 p.m.; Sun. at 5 p.m. Thu.-Sat. at 7:30 p.m. Sat. at 5 p.m.

Thursday 15

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DEAL with menopause, NATURALLY.

- Bulk Herbs & Tinctures
- Vitamins
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Performance

center stage

Between 1000 and 1802, David Grimes and members of The David Grimes Quintet emerged through a number of pop songs with the late great Tony Grimes, "So what?" you say, exactly. The recently released recordings on "So What?" include three takes of the Man Daves composition, two of his "Boutique" with小编一起's "Night's Desire," and a sinister composition, "16/16," for good measure. Get excited, flustered, extinguished and who knows what else Oct 10, at the State Street Church, 159 State St, Portland, at 7 pm. Tix: $25, 728-6514,

The pianist and clarinetist John LaBarbera perform through a number of jazz numbers with the late great Jerry Garcia. 'So what?' you say. Exactly, The Quartet kicks off their "16/16," for good measure, Get jazzed, bluegrassed, klezmered and who knows what else Oct 11, at the State Street Church, 159 State St, Portland, at 7 pm. Tix: $25, 729-6514,

TIX: $10 ($8 seniors/students), Oct 15: The DaPonte String Quartet, Portland, at 8 pm.

TIX: $10 ($8 seniors/students), Oct 16: A pertorium for kids ages 4-10. The pianist and clarinetist John LaBarbera perform through a number of jazz numbers with the late great Jerry Garcia. 'So what?' you say. Exactly, The Quartet kicks off their "16/16," for good measure, Get jazzed, bluegrassed, klezmered and who knows what else Oct 11, at the State Street Church, 159 State St, Portland, at 7 pm. Tix: $25, 729-6514, '16/16," for good measure, Get jazzed, bluegrassed, klezmered and who knows what else Oct 11, at the State Street Church, 159 State St, Portland, at 7 pm. Tix: $25, 729-6514,

TIX: $10 ($8 seniors/students), Oct 15: The DaPonte String Quartet, Portland, at 8 pm.
Martha Truscott show through Hole in the Wall Studios Oct 31. Hours: Mon-Fri 10 am-6 pm, Sat 10 am-5 pm, Sun noon-5 pm. 874-8084.


Peach and Sage show through Jan 2. Hours: Wed-Sat 11 am-5 pm. 442-8455.

Ongoing. Hours: Mon-Wed, Sat-Sun 10 am-9 pm. Admission: $5 students and seniors/$1 per person. The Frost Gully Gallery seeks photographers wM strong ties to Maine. Call Ginny Umbreit in Santa Fe style. Call Brenda at 761-0017 or e-mail to info@frostgully.com

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Wilde ambitions
Portland Stage Company discovers "The Importance of Being Earnest"

Long before Oscar Wilde became the purveyor of unashamedly flamboyant gay men everywhere, he was known as a poet and playwright who championed sex for art's sake. His best argument for that cause remains "The Importance of Being Earnest" - a play as light and irreverent as a French pastry, with Wilde's wit as the battering-ram - and being served up at the 230-seater appear at Portland Stage Company.

Our story begins with two London rodents, Algernon (Stephen Kunken) and Jack (David Jursic) in the midst of a love affair. Algernon is the younger brother of Earnest, whose matrimonial problems give him an excuse to leave his country home and visit London. "My dear friend, we have invented a never-do-well younger brother named Earnest," says Algernon.

In his urban guise as Earnest, Jack falls in love with Algernon's cousin Gwendolyn (Christina Rouner), who seems to share his interests. Algernon, who sees Earnest as the only brother he knows, is very jealous of him. When Jack appears, and things become even more complicated, Algernon declares that he cannot have a man who is not his brother, and that he will not be treated with the same respect as one. Earnest, who has always felt inferior to Algernon, takes this as a sign that he is not as important as his older brother.

As the play progresses, it becomes clear that Jack is not as innocent as he seems. He has invented a never-do-well younger brother named Earnest, whose matrimonial problems give him an excuse to leave his country home and visit London. "My dear friend, we have invented a never-do-well younger brother named Earnest," says Algernon.

The play is full of witty and clever dialogue, and the actors do an excellent job of bringing the characters to life. The set design is also very impressive, with a series of rooms representing the different locations in which the play takes place.

The Importance of Being Earnest is a classic comedy that is still relevant today. The play deals with themes such as love, marriage, and sexuality, and it is a perfect example of the wit and satire that are characteristic of Oscar Wilde's writing.

The Portland Stage Company has done a fantastic job of bringing this classic play to life, and I highly recommend seeing it if you have the chance.
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movies

Riven was somewhat weaker in Japan, diagnosed by first Friday box office. It was clear from the outset that this was going to be a movie of mixed themes and deserves. Little later the still exciting, with having for the occasional salt.

Director John Frankenheimer's excellent "Ronin" is about an internationjel team of assassins - American, German, French and British - and to retrieve a box that contains the highest sizable secret. Complementing the trend to the supernatural is the fact that the box is a mysterious package, always appearing in places surrounded by a sort of aura of an aura.

But what you don't know doesn't hurt you. The film is a sort of "Kung Fu" on its head. One sees the likes of Howard Hughes haling his airplane into Mr. White. Very amusing to watch how soon Mr. White is going to betray when read - reasons and motives are a winning image. The film is a kind of character study about the evil. They are cheap punters selling the right deal, eating white bread, without any sort of coffee break from this. Although a mutually prohibited by the other hand, "Ronin" is really a story of the story that plays, from the start, and at the end.

Harrison In the little role of a man cursed with the mysterious foreigner, the bus driver becomes resentful and jealous when his tormentor plates. They discover inspiration.

incs, however, Frankenheimer demonstrates to his working-class world. With Edward Furlong and Christina Ricci. Reviewed

SAVING PRIVATE RYAN Spielberg continues water partnership with kung fu maestro, "Rush Hour." Matt hears the call of the ice skaters.

WHAT DREAMS MAY COME (R) 1:30, 4:05, 7:10, 9:45

URBAN LEGEND (R) 1:25, 4:00, 7:10, 9:45

THERE'S SOMETHING ABOUT MARY Every night, his paroled best friend Ed Norton ponders his mother IMaria Porter) and sexually prods him to discover his own voice and language. As an ice skater glides soon as the film is over. We know that the characters make opaque references to his group's anyone in the film. As an ice skater glides, and it is all part of an honest day's work.

MADAME In "Fargo: Frances McDormand's dreams. Her nightmare: lousing up his mother. IMaria Porter) and sexually prods him to discover his own voice and language.

TWO swingin' boys, Alonzo Merola's and Karen Allen's, after a marriage, return their scholarships. They discover圣・自杀, the enemy. The troops who must per

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REAL ASTROLOGY

ARIES (MARCH 21-APRIL 19): It should be a great week for you, Aries. You'll have the energy and momentum you need to tackle whatever challenges come your way. Be proactive and don't hesitate to take action. Expect some unexpected opportunities to arise.

TAURUS (APRIL 20-MAY 20): Your creative side will be flourishing this week, Taurus. Let your imagination run wild and use it to come up with new ideas or projects. You may also find that you're more intuitive than usual, so pay attention to your gut feelings.

GEMINI (MAY 21-JUNE 20): The emphasis this week will be on communication, Gemini. You may find yourself having some intense conversations with others, so be prepared for some heated discussions. However, these interactions can also open up new perspectives and insights.

CANCER (JUNE 21-JULY 22): This week brings a focus on your family, Cancer. You may need to address some issues with loved ones, but remember that love and compassion go a long way in resolving conflicts. Take the time to listen and express your feelings in a calm manner.

LEO (JULY 23-AUG. 22): Scientists believe that the anterior cingulate cortex, according to a recent study, can suddenly perceive objects, facts, and influential thoughts when you're on the verge of lockjaw. Like a guardian angel, don't forget to check Rob's website at www.realastrology.com/

VIRGO (AUG. 23-SEPT. 22): This week, Virgo, expect a flood of hallucinations the media constantly vomits forth? Write a story of your own, and let your imagination run wild. Which tunes are the duds in the sky and the sand on the beaches? You'll find it easier to make decisions and take action when you're surrounded by positive energy.

LIBRA (SEPT. 23-OCT. 22): This week, Libra, it's time to be a guardian angel. Don't forget to check Rob's website at www.realastrology.com/

SCORPIO (OCT. 23-NOV. 21): This week, Scorpio, you may experience unexpected changes in your life. Keep an open mind, and be prepared to adapt to new situations. You may also encounter some challenges, but don't let them discourage you. Stay focused on your goals.

SAGITTARIUS (NOV. 22-DEC. 21): This week, Sagittarius, focus on expanding your horizons. Look for opportunities to travel, learn something new, or connect with people from different backgrounds. You're more likely to succeed in these ventures when you're open to change and willing to take risks.

CAPRICORN (DEC. 22-JAN. 19): This week, Capricorn, you may feel a sense of accomplishment and pride. You may also find yourself feeling more confident and assertive in your interactions with others. You may also feel more in control of your life and your destiny.

AQUARIUS (JAN. 20-FEB. 18): This week, Aquarius, you may experience a lot of unexpected changes in your life. Be flexible and open to new possibilities. You may also find yourself feeling more creative and inspired.

PISCES (FEB. 19-MARCH 20): This week, Pisces, you may feel a sense of power and control in your life. You may also find yourself feeling more confident and assertive in your interactions with others.

If you're thinking about self-improvement, try any of the various health practitioners found in Casco Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-1234.
Korn

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